



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 19.10.26

We have had a fantastic first half term and the children have settled so well and we would like to thank you for all your support during this first term. It has been greatly appreciated and we hope you are able to enjoy some time with your family during the mid-term break.

Mid Term
Break

Please be reminded that this term's **Mid-Term Break** will begin at **11:30am** on **Friday 9th October**.

School will resume after the break on **Monday 19th October**.



Career Day

It was great to see so many of the children dressed up as the career that they aspire to follow or are inspired by. They eagerly explained their outfit, could talk about that career. They enjoyed listening to their friends too.

Throughout the year we will have numerous events and workshops scheduled for the term and encourage you to participate. Please refer to the upcoming events section each week to ensure you stay informed and do not miss any of the important dates or times shared.



Punctuality is equally as important as attendance. Please ensure your child enters the school each day ready for the National Anthem being played at 7:30am promptly.

Any primary students arriving after 7:40am will be required to sign in at reception.

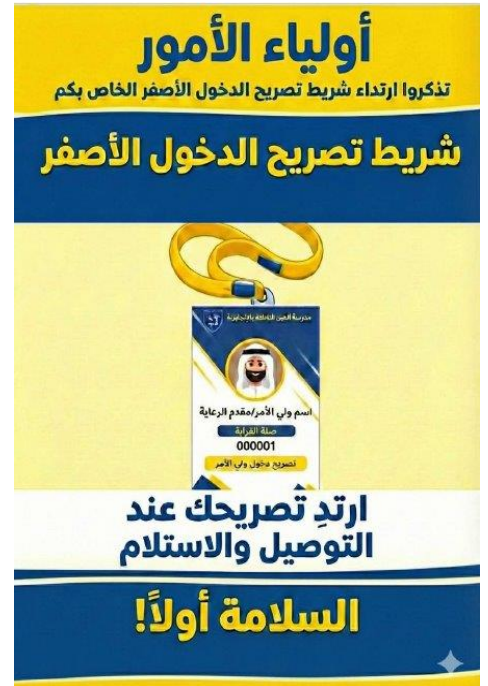


Parent Lanyards

Please be reminded that parents or carers of children in Primary will need to wear their permanent access pass to enter the school site and drop off or collect their children.

If you have not yet got your Yellow Lanyard, please complete the link below by 12th October

[Parent / Guardian Lanyard Request Form – Fill out form](#)



Contacting Year 1 Teachers

We are always happy to support in any way we can, so if you have any questions or concerns, please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. Please bear in mind that they will be teaching or in meetings during the school day (7.30am - 2.30pm) so will not be able to respond straight away.

Ms Jordan (1A) HOY ljordan@aaess.sch.ae	Ms Nicole (1B) nmathiodakis@aaess.sch.ae	Ms Jade (1C) jmorrison@aaess.sch.ae
Ms Anna (1D) <i>Maternity cover</i> abogacz@aaess.sch.ae	Ms Lyndsay (1E) ltelford@aaess.sch.ae	Ms Gillian (1F) Gburger@aaess.sch.ae
Ms Suzaan (1G) svreugdenburg@aaess.sch.ae	Ms Mariya (1H) mkarbhari@aaess.sch.ae	

Important Information

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Lessons will start promptly at **7:40am**
- Pick up for Year 1 is: **2.30pm** (Monday - Thursday) or **3.20pm** (After ECAs).
- Pick up for Y1 is: **11:30am** on a Friday.

Our AAESS Values Focus

Respect

Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:



- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

Year 1 Learning this week

Week beginning: Monday 19th October 2026

This week, in phonics, we will learn the split digraph **e-e** as in **theme**, **i-e** as in **like** and **o-e** as in **bone**. We will be learning to identify, form and read words using these, as well as challenging ourselves to write them in words and sentences.

In English, We will begin by verbally following everyday instructions and then following a set of given instructions to make an item. Toward the end of the week, we will focus on the features of an instructional text such as a title,

In maths, we will continue developing our number skills and learning about **number bonds**. We will explore number bonds to **7, 8, 9 and 10**, finding different pairs of numbers that can be added together to make each total. We will end the week by further developing our **addition skills**, practising adding different numbers together with increasing confidence.

In science we will be begin our work about materials. We will start by identifying the materials of everyday objects such as paper, wood, metal. We will then group different objects that are made from the same material.

Our PE Days

Monday
and
Wednesday



Home Learning Links

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

Year 1 - Week 1 Learning Review

Upcoming Events

9th – 18th October

Please be reminded that this term's **Mid-Term Break** will begin at **11:30am** on **Friday 9th October**.

School will resume after the break on **Monday 19th October**.



Wednesday 21st - Thursday 22nd October

Primary Parent-Teacher Meetings will be held, in your child's classroom, at school, on **Wednesday 21st and Thursday 22nd October between 2.50pm and 5pm**.

More information and sign up emails will be sent out shortly.



Student Health and Wellbeing

At Al Ain English Speaking School, we want every child to feel happy, energised, and ready to learn. This guide supports families in preparing safe, balanced lunchboxes that meet the ADEK School Food and Nutrition Policy and the Abu Dhabi Guideline for Unified School Nutrition and Food Safety.



ADEK_Food_and_Nutrition-Policy

⚠ Please be reminded that to protect the safety of **ALL** students, nuts and nut products are **STRICTLY PROHIBITED** on school premises.

Transportation Contact Details

For any queries or assistance related to bus routes, pick-up/drop-off arrangements, transportation concerns, or other transport-related matters, please contact:

English Communication

Mr. Rintu – Parent Relations Executive 055 231 7780

Arabic Communication

Mrs. Amna- Transport Team 055 231 7674



Enrich ME Weekly Insights

Dear Families,

Have you seen the latest **Enrich ME Insights**?

It's your easy-to-access guide to the latest **Enrich ME opportunities, activities and experiences** available to your family.

Use Insights to keep up to date with:

- Enrichment programmes and activities
- Opportunities with spaces still available
- Trials and new programme launches
- Camps and holiday activities
- Upcoming events and experiences
- Simple links to find out more and book

COGNITA
ENRICH **ME**

Whether your child wants to discover a new sport, build a skill or simply try something different, Insights is a great place to start.

Explore AAESS Enrich ME Insights here:

<https://aaessinsights.lovable.app>

Take a look and discover what's available.

Student Health and Wellbeing



Wellbeing Wednesday

ACTION:

Check in with yourself today. Think of one thing that has made you feel good this week and one thing that has been difficult.

Choose one small thing you can do to support your wellbeing and make time for it.

WHY IT MATTERS?

When we notice how we feel, we can work out what might help.

Doing things that help us feel better is an important part of looking after our mental health and wellbeing.

Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع...مرحبًا بكم طلابي الأحباء
سنتعرف هذا الأسبوع على حرف الرّاء
الأصوات القصيرة والأصوات الطويلة-أشكال حرف الرّاء
(نشاط الرّمان) الابتكار لحرف الرّاء نشاط

حرف الرّاء

قم بالبحث في المنزل عن أشياء تحبّها تحوي في اسمها حرف الرّاء :ملاحظة
وأحضرها معك إلى المدرسة

ملحوظة: تم توزيع بطاقات منصّة كتبي على الطلاب، يمكن الدخول للمنصة والبدء بقراءة القصص
من خلال الرابط read.kutubee.com

samar.abuajamia@cognita.com	D,H المعلمة سمر أبو عجمية
fatema.mohamad@cognita.com	C,G المعلمة فاطمة محمد
Abeer.alsafadi@cognita.com	B,F المعلمة عبير الصفدي
Enas.mahmoud@cognita.com	A,E المعلمة إيناس محمود

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter:(ر)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (initial, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4: Fourth day, We will learn about the sounds of the long vowels (ا , و , ي)

Lesson 5: Friday activity

Lessons links

Dear Parents:

This week, please help your child find items at home that begin with the Arabic letter(ر - Ra) and bring them to School.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

طلابنا الأعزاء
السلام عليكم ورحمة الله وبركاته

سنتعرف هذا الأسبوع على آداب الطّعام

سيتمكن طلابنا من

التعرف على آداب الطّعام

إدراك أهمية قول (بسم الله) قبل تناول الطّعام، وقول (الحمد لله) بعد تناول الطّعام.

يسعدنا تواصلكم معنا خلال أوقات الدوام الرسمي، عبر عناوين البريد الإلكتروني التالية

Asmaa.alchraf@cognita.com

Y1 A المعلمة أسماء

Hala.Othman@cognita.com

Y1 B المعلمة حلا عثمان

samar.abuajamia@cognita.com

Y1 E-D المعلمة سمر أبو عجمية

missam.almohamad@cognita.com

Y1 G المعلمة ميسم المحمد

Ehdaa.abouhamed@cognita.com

Y1 H المعلمة إهداء

Islamic 2

My dear students,

As-salamu alaykum wa rahmatullahi wa barakatuh,

Our lesson for this week is **“Food Etiquette”**

The students will be able to:

- Explain the importance of food.
- Find out the Islamic dining manners.

[The lesson link.](#)

Please do not hesitate to contact me via the email address if you have any questions.

Ms. Abir Turkman: abir.turkman@cognita.com

This week in pictures

