



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 05.10.26

Dear Parents,



It was great to see so many of the children taking part in the Monster Phonics Dress Up day today. They eagerly explained the monster that they had dressed up as and enjoyed seeing which monster their friends had chosen too.

Thank you to those that attended the workshop – please find the information here – do not hesitate to get in touch if you have any further questions : [MP workshop slides.pdf](#)



It was lovely to see the children having so much fun during our 'jump jam' this morning. The children participated eagerly and they were full of energy and enthusiasm afterwards.

It has been great to see so many students this week, arriving to school ready to learn. Showing they are real STARS - Strive To Attend Regularly = Success.



Every day in school gives children valuable opportunities to learn, belong and make progress. Regular attendance helps children build strong relationships, develop routines and keep pace with their learning.



Punctuality is equally as important as attendance. Please ensure your child enters the school before 7:30am each day ready for the National Anthem being played. Any primary students arriving after 7:40am will be required to sign it at reception.



Contacting Year 1 Teachers

We are always happy to support in any way we can, so if you have any questions or concerns, please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. Please bear in mind that they will be teaching or in meetings during the school day (7.30am - 2.30pm) so will not be able to respond straight away.

Ms Jordan (1A) HOY ljordan@aaess.sch.ae	Ms Nicole (1B) nmathiodakis@aaess.sch.ae	Ms Jade (1C) jmorrison@aaess.sch.ae
Ms Anna (1D) <i>Maternity cover</i> abogacz@aaess.sch.ae	Ms Lyndsay (1E) ltelford@aaess.sch.ae	Ms Gillian (1F) Gburger@aaess.sch.ae
Ms Suzaan (1G) svreugdenburg@aaess.sch.ae	Ms Mariya (1H) mkarbhari@aaess.sch.ae	

Important Information

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Lessons will start promptly at **7:40am**
- Pick up for Year 1 is: **2.30pm** (Monday - Thursday) or **3.20pm** (After ECAs).
- Pick up for Y1 is: **11:30am** on a Friday.

Our AAESS Values Focus

Respect

Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:



- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

Year 1 Learning this week

Week beginning: Monday 5th October 2026

This week, In phonics, we will revisit our previously taught digraphs and learn about the split digraph 'a_e' and 'e_e'. We will be learning to identify, form and read words using these digraphs, as well as challenging ourselves to write them in words and sentences.

In English, we will continue with our text 'Lost and Found' by Oliver Jeffers and will be 'talking the text' using actions that we have created together. We will review the plans we made last week and use them to begin writing our own version of the story.

In math, we will start the week by learning to add two groups together to find the total amount, we will then go on to using number lines for addition. Towards the end of the week, we will continue to look at number bonds to 10.

In science we will be completing our work about our 5 senses with a focus on the senses taste and smell. During our lesson, the children will have the opportunity to taste and smell something sweet, sour, bitter and salty.

Our PE Days

Monday
and
Wednesday



Home Learning Links

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

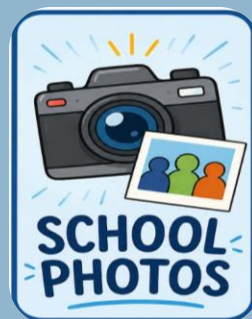
Year 1 - Week 1 Learning Review

Upcoming Events

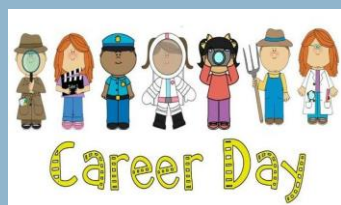
5th – 7th October

2026-2027 school photos will continue to be taken during next week, Monday 5th October.

Please check your emails to see when your child's class photo will be taken.



9th October



On **Friday 9th October** the Year 1 team will be holding a careers day where the students can come dressed showing the career they wish to pursue when they are older or as someone who inspires them now.

9th – 18th October

Please be reminded that this term's **Mid-Term Break** will begin at **12pm** on **Friday 9th October**.

School will resume after the break on **Monday 19th October**.



Wednesday 21st - Thursday 22nd October

Primary Parent-Teacher Meetings will be held, in your child's classroom, at school, on **Wednesday 21st and Thursday 22nd October between 2.50pm and 5pm**.

More information and sign up emails will be sent out shortly.



School Photos – 1st – 7th October

Please ensure that your child arrives at school wearing the correct school uniform and looking their best on the day of their photoshoot.

Each child will have an individual photograph taken. These individual images will then be carefully combined to create the class group photograph, so it is especially important that all children are dressed correctly and consistently.

Sibling photographs are also available and can be booked using the link provided in the flyer below.

School photography that feels as good as it looks.



Our team will be at
Al Ain English Speaking School
From the 30th September to 7th October 2026
to take individual and class photos

BOOK YOUR
FAMILY/SIBLING PHOTO SHOOT





CLICK HERE TO BOOK A SIBLING SESSION
customerservice@pret-a-portrait.ae
04 447 4601

Office 1206, Floor 12, Apricot Towers, Dubai Silicon Oasis, Dubai, U.A.E | Tel: 04 447 4601 | customerservice@pret-a-portrait.ae

prêt-a-portrait
pret-a-portrait.net

The following schedule provides details on which days students will have their individual and class photography sessions:

Tuesday 6th October

1A, 1B, 1C, 1D, 1E, 1F, 1G, 1H,

Enrich ME Weekly Insights

Enrich ME Insights

Finding the right activity shouldn't be complicated.

Enrich ME Insights brings everything together in one easy place — helping you quickly find:

- Classes and programmes available at your school
- How to book
- Trial lesson information
- Key events and opportunities
- Who to contact if you need support

COGNITA
ENRICH **ME**

Everything you need to explore Enrich ME and find the right opportunity for your child — all in one place.

Click the link below to see any classes you may not be aware of or special events happening in the Enrich ME calendar in the coming week.

AAESS: <https://aaessinsights.lovable.app>

Student Health and Wellbeing



The poster features a light blue background with a white laurel wreath framing the title. At the top left is the AAESS logo, and at the top right is a circular logo with a smiley face and the text '3 2 1 MOTION' and 'We THRIVE'. The title 'Wellbeing Wednesday' is in large, bold, blue letters. Below it, the word 'ACTION:' is in bold, blue letters. The text 'Try to find a way to add more movement into your day, in a way that works for you.' is in a smaller, blue font. Below that, the text 'Walk, stretch, dance, play a game, take the stairs or simply get up and move.' is in a smaller, blue font. At the bottom, there is a dark blue rounded rectangle containing the text 'WHY IT MATTERS?' in bold, white letters, followed by 'Movement is one of the simplest ways we can care for our wellbeing. It can energize us, clear our minds and help us feel good. As we look ahead to Global Be Well Day on Friday, lets make movement part of our day.' in white letters. There are also decorative blue floral illustrations at the bottom corners.

Wellbeing Wednesday

ACTION:

Try to find a way to add more movement into your day, in a way that works for you.

Walk, stretch, dance, play a game, take the stairs or simply get up and move.

WHY IT MATTERS?

Movement is one of the simplest ways we can care for our wellbeing. It can energize us, clear our minds and help us feel good. As we look ahead to Global Be Well Day on Friday, lets make movement part of our day.

Student Health and Wellbeing

At Al Ain English Speaking School, we want every child to feel happy, energised, and ready to learn. This guide supports families in preparing safe, balanced lunchboxes that meet the ADEK School Food and Nutrition Policy and the Abu Dhabi Guideline for Unified School Nutrition and Food Safety.



ADEK_Food_and_Nutrition-Policy

⚠ Please be reminded that to protect the safety of **ALL** students, nuts and nut products are **STRICTLY PROHIBITED** on school premises.

Transportation Contact Details

For any queries or assistance related to bus routes, pick-up/drop-off arrangements, transportation concerns, or other transport-related matters, please contact:

English Communication

Mr. Rintu – Parent Relations Executive 055 231 7780

Arabic Communication

Mrs. Amna- Transport Team 055 231 7674



Arabic 1

مرحبًا بكم طلابي الأحباء... هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع
سنتعرف هذا الأسبوع على حرف الباء
أشكال حرف الباء - الأصوات القصيرة والأصوات الطويلة
نشاط الابتكار لحرف الباء (صناعة بطاقة بالورق الملون)

حرف الباء

ملاحظة: قم بالبحث في المنزل عن أشياء تحبها تحوي في اسمها حرف الباء وأحضرها معك إلى المدرسة، أو ارسم صورة تعبّر عن شيء يحوي اسمه حرف ب

samar.abuajamia@cognita.com	D,H المعلمة سمر أبو عجمية
fatema.mohamad@cognita.com	C,G المعلمة فاطمة محمد
Abeer.alsafadi@cognita.com	B,F المعلمة عبير الصفدي
Enas.mahmoud@cognita.com	A,E المعلمة إيناس محمود

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter:(ب)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (initial, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4: Fourth day, We will learn about the sounds of the long vowels (ِ , ُ , َ)

Lesson 5: Friday activity

Lessons links

Dear Parents:

This week, please help your child find items at home that begin with the Arabic letter(ب - Ba'a) and bring them to School.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

طلابنا الأعزاء
السلام عليكم ورحمة الله وبركاته

سنتعرف هذا الأسبوع معاً على نسب الرسول صلى الله عليه وسلم

سيتمكن الطلاب من
عَلَى نَسَبِ الرَّسُولِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ التَّعَرَّفَ
يَتَحَدَّثُ بِلُغَتِهِ عَنْ حُبِّهِ لِلرَّسُولِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ
يُحَدِّدُ نَسَبَ الرَّسُولِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

يسعدنا تواصلكم معنا خلال أوقات الدوام الرسمي، عبر عناوين البريد الإلكتروني التالية:

Ehdaa.abouhamed@cognita.com

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samar.abuajamia@cognita.com

Hala.Othman@cognita.com

معلومات الصف الأول

Y1H المعلمة إهداء

Y1 A المعلمة أسماء

Y1G المعلمة ميسم محمد

Y1 E-D المعلمة سمر أبو عجمية

y1B المعلمة حلا عثمان

Islamic 2

My dear students,

As-salamu alaykum wa rahmatullahi wa barakatuh,

Our lesson for this week is **“The Childhood of Prophet Muhammad ﷺ”**

The students will be able to:

- Listen to the story of the birth of Prophet Muhammad ﷺ.
- Know the name of Prophet Muhammad’s ﷺ mother, father, and grandfather.
- Know that Prophet Muhammad ﷺ was born in the Year of the Elephant.
- Show love and respect for Prophet Muhammad ﷺ by learning about his childhood.
- [The link of the lesson.](#)

Please do not hesitate to contact me via the email address if you have any questions.

Ms. Abir Turkman: abir.turkman@cognita.com