



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 28.9.26

Dear Parents,

We will now celebrate 'Global Be Well Day' on Friday 2nd October. This year's theme is 'In Motion we Thrive' with the aim of getting active. The children will participate in a 'jump jam' morning led by our secondary students encouraging them to be active and have fun.



Attendance

We are continuing to reinforce the importance of regular attendance and punctuality. We want every child to be STARS as described in the poster.

STARS = Strive To Attend Regularly = Success.

Every day in school gives children valuable opportunities to learn, belong and make progress. Regular attendance helps children build strong relationships, develop routines and keep pace with their learning.

Please be reminded that if your child is **unwell and has a temperature/fever of 38°C and above**, (Department of Health Directive) they should **stay at home** until they are symptom free and without medication for a minimum of 24 hours.

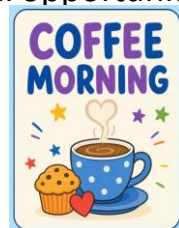
Contact your doctor if you have any concerns with fever-like illnesses or our nurses are happy to provide guidance, please email schoolnurse@aaess.sch.ae.



Primary Workshop and Coffee Morning

We are delighted to invite you to our next Primary Workshop and Coffee Morning, which will take place next week from **10.30am to 11.30am**. From 10.30 - 10.45, there will be a workshop about Monster Phonics - with an opportunity to ask any follow up questions in the canteen. These will be regular monthly events designed to enable parents to connect, learn more about ways to support their child's learning, and enjoy an informal opportunity to speak with the Primary Leadership Team.

Thank you once again for your cooperation and support. We look forward to working closely with you throughout the year.



Contacting Year 1 Teachers

We are always happy to support in any way we can, so if you have any questions or concerns, please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. Please bear in mind that they will be teaching or in meetings during the school day (7.30am - 2.30pm) so will not be able to respond straight away.

Ms Jordan (1A) HOY ljordan@aaess.sch.ae	Ms Nicole (1B) nmathiodakis@aaess.sch.ae	Ms Jade (1C) jmorrison@aaess.sch.ae
Ms Anna (1D) <i>Maternity cover</i> abogacz@aaess.sch.ae	Ms Lyndsay (1E) ltelford@aaess.sch.ae	Ms Gillian (1F) Gburger@aaess.sch.ae
Ms Suzaan (1G) svreugdenburg@aaess.sch.ae	Ms Mariya (1H) mkarbhari@aaess.sch.ae	

Important Information

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Lessons will start promptly at **7:40am**
- Pick up for Year 1 is: **2.30pm** (Monday - Thursday) or **3.20pm** (After ECAs).
- Pick up for Y1 is: **11:30am** on a Friday.

Our AAESS Values Focus

Respect

Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:



- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

Year 1 Learning this week

Week beginning: Monday 28th September 2026

This week, In phonics, we will work with the digraphs 'oi', 'ay' and 'oy'. We will be learning to identify, form and read words using these digraphs, as well as challenging ourselves to write them in words and sentences.

In English, we will continue with our text 'Lost and Found' by Oliver Jeffers and will be 'talking the text' using actions that we have created together. We will start the week by sequencing the story, we will then begin to 'box up' our text and replace the characters and settings to create our own story. We will end the week with the children creating their own plan.

In math, we will continue with our numbers 0-20. We will start the week by looking at part-whole models to help us find the total. Then we will learn our number bonds to 10. We will end the week by exploring how to add numbers using a number line.

In science we will continue to learn about our 5 senses with a focus on the sense of touch. We will use our touch to identify different objects and textures.

Our PE Days

Monday
and
Wednesday



Home Learning Links

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

Year 1 - Week 1 Learning Review

Upcoming Events

Friday 2nd October – New Date

This year's theme is 'In Motion we Thrive' with the aim of getting active and they complete a short activity. They are to wear their Monster Phonics outfit as planned.



Friday 2nd October

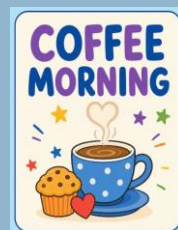
To further promote our love of phonics and reading, the Year 2 children are invited to come to school on Friday 2nd October wearing one of the character's colours. (For example: blue for Cool Blue, green for Green Froggy etc).

Monster Masks and Colouring Sheets



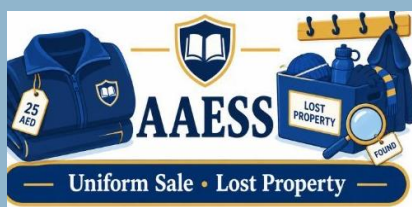
Friday 2nd October

There will be a Primary Parent Workshop and Coffee Morning from **10.30am to 11.30am**. An opportunity for you to learn more about ways to support your child's learning, and enjoy an informal opportunity to speak with the Primary Leadership Team.



Friday 2nd October

In support of our on going sustainability projects, on **Friday 2nd October**, there will be an opportunity to purchase nearly new fleeces for 25aed (as a special launch price) and reclaim any lost property. This will take place in the canteen.



School Photos - 1st – 7th October

Please ensure that your child arrives at school wearing the correct school uniform and looking their best on the day of their photoshoot.

Each child will have an individual photograph taken. These individual images will then be carefully combined to create the class group photograph, so it is especially important that all children are dressed correctly and consistently.

Sibling photographs are also available and can be booked using the link provided in the flyer below.

School photography that feels as good as it looks.



Our team will be at

Al Ain English Speaking School

From the 30th September to 7th October 2026
to take individual and class photos

BOOK YOUR
FAMILY/SIBLING PHOTO SHOOT



CLICK HERE TO BOOK A SIBLING SESSION
customerservice@pret-a-portrait.ae
04 447 4601

Days and times of your child's individual and class photos
will be shared separately.

Enrich ME Weekly Insights

Enrich ME Insights

Finding the right activity shouldn't be complicated.

Enrich ME Insights brings everything together in one easy place — helping you quickly find:

- Classes and programmes available at your school
- How to book
- Trial lesson information
- Key events and opportunities
- Who to contact if you need support

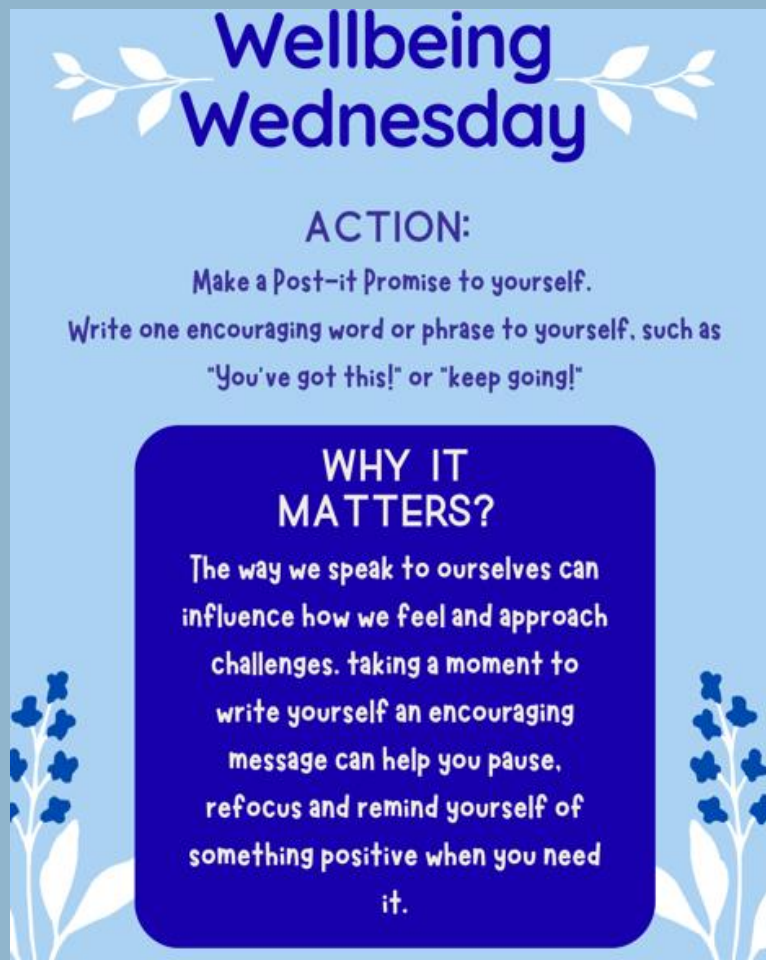
COGNITA
ENRICH **ME**

Everything you need to explore Enrich ME and find the right opportunity for your child — all in one place.

Click the link below to see any classes you may not be aware of or special events happening in the Enrich ME calendar in the coming week.

AAESS: <https://aaessinsights.lovable.app>

Student Health and Wellbeing

A vertical poster with a light blue background. At the top, the text 'Wellbeing Wednesday' is written in a bold, dark blue font, flanked by white leafy branches. Below this, the word 'ACTION:' is centered in a dark blue font. Underneath, there is a line of text: 'Make a Post-it Promise to yourself.' followed by 'Write one encouraging word or phrase to yourself, such as "You've got this!" or "keep going!"'. In the center, there is a dark blue rounded rectangle containing the text 'WHY IT MATTERS?' in white, bold, uppercase letters. Below this, in white text, it says: 'The way we speak to ourselves can influence how we feel and approach challenges. Taking a moment to write yourself an encouraging message can help you pause, refocus and remind yourself of something positive when you need it.' The bottom corners of the poster feature white leafy branches with small blue flowers.

Wellbeing Wednesday

ACTION:

Make a Post-it Promise to yourself.
Write one encouraging word or phrase to yourself, such as
"You've got this!" or "keep going!"

WHY IT MATTERS?

The way we speak to ourselves can influence how we feel and approach challenges. Taking a moment to write yourself an encouraging message can help you pause, refocus and remind yourself of something positive when you need it.

Student Health and Wellbeing

At Al Ain English Speaking School, we want every child to feel happy, energised, and ready to learn. This guide supports families in preparing safe, balanced lunchboxes that meet the ADEK School Food and Nutrition Policy and the Abu Dhabi Guideline for Unified School Nutrition and Food Safety.



ADEK_Food_and_Nutrition-Policy

⚠ Please be reminded that to protect the safety of **ALL** students, nuts and nut products are **STRICTLY PROHIBITED** on school premises.

Transportation Contact Details

For any queries or assistance related to bus routes, pick-up/drop-off arrangements, transportation concerns, or other transport-related matters, please contact:

English Communication

Mr. Rintu – Parent Relations Executive 055 231 7780

Arabic Communication

Mrs. Amna- Transport Team 055 231 7674



Arabic 1

مرحبًا بكم طلابي الأحباء... هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع
سنتعرف هذا الأسبوع على حرف الميم
أشكال حرف الميم - الأصوات القصيرة والأصوات الطويلة
نشاط القص والتلوين لحرف الميم (مسجد)

حرف الميم

ملاحظة: قم بالبحث في المنزل عن أشياء تحبها تحوي في اسمها حرف الميم وأحضرها معك إلى المدرسة، أو
أحضر صورة أو رسومات تعبر عنها .

samar.abuajamia@cognita.com	D,H المعلمة سمر أبو عجمية
fatema.mohamad@cognita.com	C,G المعلمة فاطمة محمد
Abeer.alsafadi@cognita.com	B,F المعلمة عبير الصفدي
Enas.mahmoud@cognita.com	A,E المعلمة إيناس محمود

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter:(م)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (first, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4; Fourth day, We will learn about the sounds of the long vowels (ِ , ُ , َ)

Lesson 5: Friday activity

Shared flies

Dear Parents: This week, please help your child find items at home that begin with the Arabic letter(م)and bring them to School.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

طلابنا الأعزاء

وبركاته السلام عليكم ورحمه الله
على **درس بر الوالدين** خلال هذا الأسبوع سنتعرف
سيتمكن الطلاب من معرفة
و طاعة لله عز وجل أن الإحسان للوالدين عبادة
فضل الوالدين و جزاء برهما
سنفكر ببعض الأعمال التي تُسعد والدينا

يسعدنا تواصلكم معنا خلال أوقات الدوام الرسمي ،عبر عناوين البريد الإلكتروني التالية

معلمات الصف الأول

Ehdaa.abouhamed@cognita.com Y1H المعلمة إهداء

Asmaa.alachraf@cognita.com Y1A المعلمة أسماء

(Y1G) : missam.almohamad@cognita.com المعلمة ميسم المحمد

(Y1 E – Y1 D) samar.abuajamia@cognita.com المعلمة سمر أبو عجمية

Hala.Othman@cognita.com : المعلمة حلا عثمان

Islamic 2

My dear students,

As-salamu alaykum wa rahmatullahi wa barakatuh,

Our lesson for this week is **“Being Kind to Parents”**

The students will be able to:

- Understand the importance of being kind and respectful to their parents.
- Identify simple ways to show kindness to parents, such as helping, listening and speaking kindly.
- Understand that Allah loves children who are kind and respectful to their parents.
- Show love and respect for their parents by using kind words and actions.

•[The link of the lesson.](#)

Please do not hesitate to contact me via the email address if you have any questions.

Ms. Abir Turkman: abir.turkman@cognita.com