



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 21.9.26

Dear Parents,

On Friday 25th September, we will be joining the other Cognita schools around the world to celebrate Global Be Well Day. This year's theme is 'In Motion we Thrive' with the aim of getting active. The children will participate in a 'jump jam' morning led by our secondary students encouraging them to be active and have fun.



ATTENDANCE MATTERS – ALL DAY, EVERY DAY

S – Strive
T – To
A – Attend
R – Regularly
=
S – Success

IMPRESSIVE ATTENDANCE
100% = 0 days lost → Best chance of success
95% = 10 days lost → Minimum target for all children

ATTENDANCE NEEDS IMPROVEMENT
90% = 19 days lost → Learning is at risk

ATTENDANCE IS A CAUSE FOR CONCERN
85% = 29 days lost (nearly 6 weeks) → Challenging to make progress

Be a STAR – Be Here, Every Day!

AAESS

Please be reminded that we are continuing to reinforce the importance of regular attendance and punctuality. We want every child to be STARS as described in the poster. STARS = Strive To Attend Regularly = Success. Every day in school gives children valuable opportunities to learn, belong and make progress. Regular attendance helps children build strong relationships, develop routines and keep pace with their learning.

Arriving on time means that your child is ready to learn from the very start of the day. The opening minutes are important: children settle, connect with their class and begin their learning routines. Late arrivals can disrupt not only the child's learning but also the learning of others. Being punctual is also part of being READY which is one of our school rules.



Contacting Year 1 Teachers

We are always happy to support in any way we can, so if you have any questions or concerns, please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. Please bear in mind that they will be teaching or in meetings during the school day (7.30am - 2.30pm) so will not be able to respond straight away.

Ms Jordan (1A) HOY ljordan@aaess.sch.ae	Ms Nicole (1B) nmathiodakis@aaess.sch.ae	Ms Jade (1C) jmorrison@aaess.sch.ae
Ms Anna (1D) <i>Maternity cover</i> abogacz@aaess.sch.ae	Ms Lyndsay (1E) ltelford@aaess.sch.ae	Ms Gillian (1F) Gburger@aaess.sch.ae
Ms Suzaan (1G) svreugdenburg@aaess.sch.ae	Ms Mariya (1H) mkarbhari@aaess.sch.ae	

Important Information

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Lessons will start promptly at **7:40am**
- Pick up for Year 1 is: **2.30pm** (Monday - Thursday) or **3.20pm** (After ECAs).
- Pick up for Y1 is: **11:30am** on a Friday.

Our AAESS Values Focus

Respect

Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:



- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

Year 1 Learning this week

Week beginning: Monday 21st September 2026

This week, in phonics, we will work with the digraphs 'tch', 'ai' and 've'. We will be learning to identify, form and read words using these digraphs, as well as challenging ourselves to write them in words and sentences.

In English, we will continue with our text 'Lost and Found' by Oliver Jeffers and will spend some time during each lesson 'talking the text' using actions that we create together. We will identify new and unfamiliar words in the story and explore their meaning. We will end the week by learning how to form and identify capital letters in sentences.

In math, we will continue with our numbers 0-20. We will use our knowledge from last week to identify numbers that are 1 more and 1 less than any given number. We will then order objects using the language more and less to be able to compare amounts.

In science we will be learning about our 5 senses with a focus on the sense of hearing. We will use this sense to identify objects by listening to the sound they make.

Our PE Days

Monday
and
Wednesday



Home Learning Links

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

Year 1 - Week 1 Learning Review

Upcoming Events

Friday 25th September

As part of the Cognita family, each year we join together to celebrate Global Be Well Day. This year's theme is 'In Motion we Thrive' with the aim of getting active. On Friday 25th September, we invite all children to come to school in their PE kits ready for some fun fitness activities.



Friday 3rd October

To further promote our love of phonics and reading, the Year 1 children are invited to come to school on Friday 2nd October wearing one of the character's colours (For example: blue for Cool Blue, green for Green Froggy etc). *most popular?*

5th – 7th October

2026-2027 school photos will be taken during the week beginning Monday 5th October. More information will be sent closer to the time.



Enrich ME Weekly Insights

Enrich ME Insights

Finding the right activity shouldn't be complicated.

Enrich ME Insights brings everything together in one easy place — helping you quickly find:

- Classes and programmes available at your school
- How to book
- Trial lesson information
- Key events and opportunities
- Who to contact if you need support

Everything you need to explore Enrich ME and find the right opportunity for your child — all in one place.

Click the link below to see any classes you may not be aware of or special events happening in the Enrich ME calendar in the coming week.

AAESS: <https://aaessinsights.lovable.app>

Student Health and Wellbeing

At Al Ain English Speaking School, we want every child to feel happy, energised, and ready to learn. This guide supports families in preparing safe, balanced lunchboxes that meet the ADEK School Food and Nutrition Policy and the Abu Dhabi Guideline for Unified School Nutrition and Food Safety.



ADEK_Food_and_Nutrition-Policy

⚠ Please be reminded that to protect the safety of **ALL** students, nuts and nut products are **STRICTLY PROHIBITED** on school premises.

Transportation Contact Details

For any queries or assistance related to bus routes, pick-up/drop-off arrangements, transportation concerns, or other transport-related matters, please contact:

English Communication

Mr. Rintu – Parent Relations Executive 055 231 7780

Arabic Communication

Mrs. Amna- Transport Team 055 231 7674



Student Health and Wellbeing



Wellbeing Wednesday

ACTION:

Choose one moment today to put your device aside and enjoy some time away from the screen. Talk to someone, play, go outside or simply enjoy a quiet moment.

WHY IT MATTERS?

Taking a little break from screens gives our minds a chance to rest and helps us enjoy the people and world around us.



Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع... مرحبًا بكم طلابي الأحباء
سنتعرف هذا الأسبوع على حرف الواو
الأصوات القصيرة والأصوات الطويلة - أشكال حرف الواو
حرف الواو

نشاط إثرائي: ارسم أشياء تبدأ بحرف الواو على ورقة صغيرة واكتب حرف الواو، لنزيّن بها الصف

D,H المعلمة سمر أبو عجمية samar.abuajamia@cognita.com
C,G المعلمة فاطمة محمد fatema.mohamad@cognita.com
B,F المعلمة عبير الصفدي Abeer.alsafadi@cognita.com
A,E المعلمة إيناس محمود Enas.mahmoud@cognita.com

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter:(و)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (first, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4; Fourth day, We will learn about the sounds of the long vowels (ِ , ُ , َ)

Lesson 5: Friday activity

Shared flies

Dear Parents: This week, please help your child find items at home that begin with the Arabic letter(د)and bring them to School.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

أولياء الأمور الكرام ,
السلام عليكم ورحمة الله وبركاته

نواصل هذا الأسبوع رحلتنا في تعلُّم سُورة الفاتحة
سيتمكن الطلاب هذا الأسبوع من :
تلاوة سورة الفاتحة بشكل صحيح .
إدراك أهمية سورة الفاتحة وارتباطها بصلاتنا اليومية .
تطبيق بعض المعاني الجميلة للسورة في حياتنا اليومية .

يسعدنا تواصلكم معنا عبر البريد الإلكتروني خلال أوقات الدوام

معلمات الصف الأول
المعلمة إهداء Y1H Ehdaa.abouhamed@cognita.com
المعلمة أسماء Y1A Asmaa.alachraf@cognita.com
المعلمة ميسم محمد (Y1G) : missam.almohamad@cognita.com
المعلمة سمر أبو عجمية (Y1 E – Y1 D) samar.abuajamia@cognita.com
المعلمة حلا عثمان : Hala.Othman@cognita.com

Islamic 2

My dear students,
As-salamu alaykum

This week we will complete “Surat Al-Fatiha”.

The students will be able to:

- Recite Surat Al-Fatiha correctly.
- Explain the general meaning of the Surah.
- Recognise the importance of Surat Al-Fatiha.

[The lesson link.](#)

Please do not hesitate to contact me via the email address if you have any questions.

Ms. Abir Turkman: abir.turkman@cognita.com