



Al Ain English Speaking School

Pre School Learning Pathway

Week beginning: 21.9.26

Dear Parents,



On Friday 25th September, we will be joining the other Cognita schools around the world to celebrate Global Be Well Day. This year's theme is 'In Motion we Thrive' with the aim of getting active. The children will participate in a 'jump jam' morning led by our secondary students encouraging them to be active and have fun.

ATTENDANCE MATTERS – ALL DAY, EVERY DAY

S – Strive
T – To
A – Attend
R – Regularly
= Success

IMPRESSIVE ATTENDANCE
100% = 0 days lost → Best chance of success
95% = 10 days lost → Minimum target for all children

ATTENDANCE NEEDS IMPROVEMENT
90% = 19 days lost → Learning is at risk

ATTENDANCE IS A CAUSE FOR CONCERN
85% = 29 days lost (nearly 6 weeks) → Challenging to make progress

Be a STAR – Be Here, Every Day!

AAESS

Please be reminded that we are continuing to reinforce the importance of regular attendance and punctuality. We want every child to be STARS as described in the poster. STARS = Strive To Attend Regularly = Success. Every day in school gives children valuable opportunities to learn, belong and make progress. Regular attendance helps children build strong relationships, develop routines and keep pace with their learning.

Arriving on time means that your child is ready to learn from the very start of the day. The opening minutes are important: children settle, connect with their class and begin their learning routines. Late arrivals can disrupt not only the child's learning but also the learning of others. Being punctual is also part of being READY which is one of our school rules.



Contacting Pre School Teachers

We are always happy to support in any way we can, so if you have any questions or concerns, please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. Please bear in mind that they will be teaching or in meetings during the school day (7.30am - 2.30pm) so will not be able to respond straight away.

Ms Hannah-Mae- PSA hholmes@aaess.sch.ae	Ms Romay (PSB) romaylouwbarretto@aaess.sch.ae
Ms Vicky (PSC) vsloan@aaess.sch.ae	Ms Celine (PSD) cdavid@aaess.sch.ae

Important Information

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Pick up for Preschool is: **1.15pm or 2.30pm** (Monday - Thursday).
- Pick up for Preschool is: **11.30am** on a Friday.

Our AAESS Values Focus

Respect

Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:



- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

Enrich ME Weekly Insights

Enrich ME Insights

Finding the right activity shouldn't be complicated.

Enrich ME Insights brings everything together in one easy place — helping you quickly find:

- Classes and programmes available at your school
- How to book
- Trial lesson information
- Key events and opportunities
- Who to contact if you need support

Everything you need to explore Enrich ME and find the right opportunity for your child — all in one place.

Click the link below to see any classes you may not be aware of or special events happening in the Enrich ME calendar in the coming week.

AAESS: <https://aaessinsights.lovable.app>

Upcoming Events

Friday 25th September

As part of the Cognita family, each year we join together to celebrate Global Be Well Day. This year's theme is 'In Motion we Thrive' with the aim of getting active. On Friday 25th September, we invite all children to come to school in their PE kits ready for some fun fitness activities.



Monster Phonics Dress Up Day –
Friday 2nd October

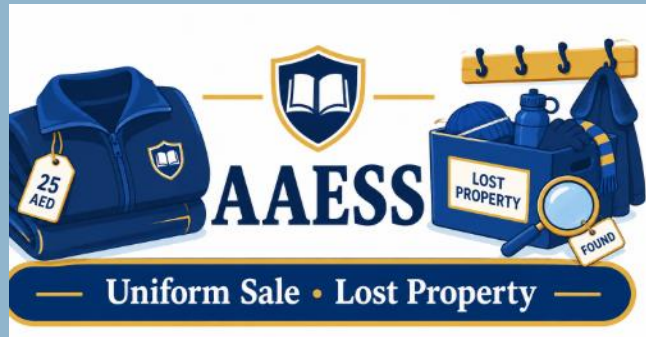
To further promote our love of phonics and reading, the children are invited to come to school on Friday 2nd October wearing one of the character's colours (For example: blue for Cool Blue, green for Green Froggy)

[.Monster Masks and Colouring Sheets](#)



Upcoming Events

In support of our on going sustainability projects, on Friday 2nd October, there will be an opportunity to purchase nearly new fleeces for 25aed (as a special launch price) and reclaim any lost property. This will take place in the canteen.



Monday 5th October – 7th October

2026-2027 school photos will be taken during the week beginning Monday 5th October. More information will be sent closer to the time.



Student Health and Wellbeing



Wellbeing Wednesday

ACTION:

Choose one moment today to put your device aside and enjoy some time away from the screen. Talk to someone, play, go outside or simply enjoy a quiet moment.

WHY IT MATTERS?

Taking a little break from screens gives our minds a chance to rest and helps us enjoy the people and world around us.



Pre School Learning this week

As the children are more settled, we are beginning to extend our learning and explore new ideas with growing confidence and curiosity.

In **Literacy** we will learn the names of different body parts. We will listen to simple instructions, such as "touch your nose" or "point to your knees," and show our understanding by pointing to the correct body parts.

In **Numeracy** we will be developing our early number skills by placing up to four objects in a line and counting them. We will also practise listening carefully and repeating two numbers that our teacher says.

In **PSED (Personal, Social and Emotional Development)**, we will develop our independence and self-awareness. We will build our self-help skills by feeding ourselves with a spoon and enjoy looking in mirrors to learn about our faces and unique features.

In **Physical Development** we will develop our balance, coordination, and large muscle movements. We will have fun jumping with two feet together and throwing balls as we strengthen our bodies and improve our control.

In **EAD (Expressive Arts and Design)** we will learn how to use scissors safely. We will practise opening and closing scissors and have a go at making small snips to help make our hands and fingers stronger.

In **Understanding the World** we will learn about ourselves and our families, celebrating that every family is special and unique. We will look at our family photos and talk about the people who are important to us.

Please email your child's teacher a family photo if you have not already.

Next week, we will begin the Ages & Stages Questionnaires (ASQ) developmental screening at our school. This is a wonderful opportunity for us to work together with you in supporting your child's growth and development.

The ASQ is a trusted, globally recognised screening tool that helps us celebrate your child's milestones and identify early on any areas where they may benefit from extra support or enrichment.

The screening takes place in two parts:

- *In School: Our teachers will carefully observe your child during their daily activities and learning in the classroom.*
- *At Home: We will send a questionnaire for you to complete at home. As the person who knows your child best, your insights into how they behave and interact at home are incredibly valuable to us.*

Our PE Days

are Monday and Wednesday



Student Health and Wellbeing

At Al Ain English Speaking School, we want every child to feel happy, energised, and ready to learn. This guide supports families in preparing safe, balanced lunchboxes that meet the ADEK School Food and Nutrition Policy and the Abu Dhabi Guideline for Unified School Nutrition and Food Safety.



ADEK_Food_and_Nutrition-Policy

⚠ Please be reminded that to protect the safety of **ALL** students, nuts and nut products are **STRICTLY PROHIBITED** on school premises.

Transportation Contact Details

For any queries or assistance related to bus routes, pick-up/drop-off arrangements, transportation concerns, or other transport-related matters, please contact:

English Communication

Mr. Rintu – Parent Relations Executive 055 231 7780

Arabic Communication

Mrs. Amna- Transport Team 055 231 7674



Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع ...مرحبًا بكم طلابي الأحباء
سوف نتعرف هذا الأسبوع على حرف الدال و تمييزه من خلال الأنشطة التالية
نشاط وضع المشبك على حرف الدال
نشاط تشكيل حرف الدال بالمعجون
نشاط تشكيل حرف الدال بالمكعبات
نشاط بزل الصور التي تبدأ بصوت الدال
نشاط كتابة حرف الدال بالرمل
(دودة - دُب) نشاط تلوين صورة
نشاط تشكيل حرف الدال بالخامات المختلفة و تصميم دودة بإستخدام الورق

الأسبوع الثالث

لا تترددوا في التواصل معنا عبر البريد الإلكتروني المدرج أدناه

Abeer.alsafadi@cognita.com C,D المعلمة عيبر الصفدي
Enas.mahmoud@cognita.com A,B المعلمة إيناس محمود

Arabic 2

Welcome, my dear students!

Let's take a quick look at what we will be learning and doing this week.

This week, we will learn about the letter D (د) and practice recognizing it through the following fun activities:

- Clothespin Activity: Place the clothespin on the letter D (د).
- Playdough Activity: Form the letter D (د) using playdough.
- Cubes Activity: Build the letter D (د) using cubes.
- Picture Puzzle Activity: Complete puzzles featuring pictures that begin with the /d/ sound.
- Sand Writing Activity: Practice writing the letter D (د) in sand.
- Coloring Activity: Color pictures of a bear and caterpillar.
- Creative Activity: Create the letter D (د) using different materials and design a worm using paper.

Lesson Link

Please do not hesitate to contact us via the email address provided below.

We are always happy to hear from you and appreciate your continued communication and support

[Abeer Alsafadi :Classes C, D Abeer.alsafadi@cognita.com](mailto:Abeer.alsafadi@cognita.com)
[Enas Mhmoud : Classes A , B Enas.mahmoud@cognita.com](mailto:Enas.Mhmoud : Classes A , B Enas.mahmoud@cognita.com)