



Al Ain English Speaking School

FS2 Learning Pathway

Week beginning: 21.9.26

Dear Parents,

On Friday 25th September, we will be joining the other Cognita schools around the world to celebrate Global Be Well Day. This year's theme is 'In Motion we Thrive' with the aim of getting active. The children will participate in a 'jump jam' morning led by our secondary students encouraging them to be active and have fun.



ATTENDANCE MATTERS – ALL DAY, EVERY DAY

S – Strive
T – To
A – Attend
R – Regularly
= Success

IMPRESSIVE ATTENDANCE
100% = 0 days lost → Best chance of success
95% = 10 days lost → Minimum target for all children

ATTENDANCE NEEDS IMPROVEMENT
90% = 19 days lost → Learning is at risk

ATTENDANCE IS A CAUSE FOR CONCERN
85% = 29 days lost (nearly 6 weeks) → Challenging to make progress

Be a STAR – Be Here, Every Day!

AAESS

Please be reminded that we are continuing to reinforce the importance of regular attendance and punctuality. We want every child to be STARS as described in the poster. STARS = Strive To Attend Regularly = Success. Every day in school gives children valuable opportunities to learn, belong and make progress. Regular attendance helps children build strong relationships, develop routines and keep pace with their learning.

Arriving on time means that your child is ready to learn from the very start of the day. The opening minutes are important: children settle, connect with their class and begin their learning routines. Late arrivals can disrupt not only the child's learning but also the learning of others. Being punctual is also part of being READY which is one of our school rules.



Contacting FS2 Teachers

We are always happy to support in any way we can, so if you have any questions or concerns, please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. Please bear in mind that they will be teaching or in meetings during the school day (7.30am - 2.30pm) so will not be able to respond straight away.

Ms Jess - FS2A jlarby@aaess.sch.ae	Ms Elyse (FS2B) eburgess@aaess.sch.ae	Ms Lama (FS2C) labakri@aaess.sch.ae
Ms Yolanda (FS2D) yseale@aaess.sch.ae	Ms Maddy (FS2E) mbox@aaess.sch.ae	Ms Bronwin (FS2F) bvandenworm@aaess.sch.ae
Ms Ashi (FS2G) asikander@aaess.sch.ae	Ms Nicolette (FS2H) nbeetge@aaess.sch.ae	Ms Jasmine (FS2H) jspringette@aaess.sch.ae

Important Information

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Pick up for FS2 is: **1.15pm or 2.30pm** (Monday - Thursday).
- Pick up for FS2 is: **11.30am** on a Friday.

Our AAESS Values Focus

Respect

Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:



- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

FS2 Learning this week

As the children are more settled, we are beginning to extend our learning and explore new ideas with growing confidence and curiosity.

Maths – Counting

Children will take part in counting songs and begin to react to changes in amounts within a group of up to three items. They will develop early counting behaviours, including making sounds, pointing, and saying some numbers in sequence.

Literacy – Stories and Books

Linking with Understanding the World, we will continue with our story *People Who Help Us*, exploring the different people in our community who are there to help us.

PSED – Feelings and Emotions

In Personal, Social and Emotional Development, we will explore different feelings inspired by *The Colour Monster*. Our focus this week will be on 'worried' and 'angry', and we will discuss how we can help a friend who is feeling sad — linking beautifully to our school rule: *'We are kind.'*

Physical Development – Gross Motor Skills

Children will develop their gross motor skills through activities focused on balancing, hopping, and jumping.

Phonics – Meeting the Monster Phonics Characters

This week, children will be introduced to the sounds 'p', 'i', and 'n', exploring how each sound is made and practising recognising and identifying them in words. Through fun, hands-on activities, songs, and games, we will help every child build confidence with their new sounds.

Expressive Arts and Design – Creative Skills

Children will develop their scissor control skills and colour recognition through a range of creative activities.

Our PE Days

Class	Days
FS2A + FS2F	Tuesday and Friday
FS2B + FS2H	Tuesday and Thursday
FS2C	Tuesday and Wednesday
FS2D	Monday and Tuesday
FS2E , FS2G	Wednesday and Thursday
FS2I	Wednesday and Friday



Ages and Stages Questionnaires

Next week, we will begin the Ages & Stages Questionnaires (ASQ) developmental screening at our school. This is a wonderful opportunity for us to work together with you in supporting your child's growth and development.

The ASQ is a trusted, globally recognised screening tool that helps us celebrate your child's milestones and identify early on any areas where they may benefit from extra support or enrichment.

The screening takes place in two parts:

- In School: Our teachers will carefully observe your child during their daily activities and learning in the classroom.
- At Home: We will send a questionnaire for you to complete at home. As the person who knows your child best, your insights into how they behave and interact at home are incredibly valuable to us.

Home Learning Links

The activities included are not compulsory for FS2; they are simply shared to offer fun, meaningful ideas that connect with what we will be exploring in the week ahead.

If your child would like to try any of the activities during the week, or use them to revisit and celebrate their learning at the end of the week, that would be wonderful! Please don't feel any pressure — there is no expectation for everything to be completed.

We hope you and your child enjoy dipping into them whenever it feels right for you.

[Week 4](#)

Upcoming Events

Friday 25th September

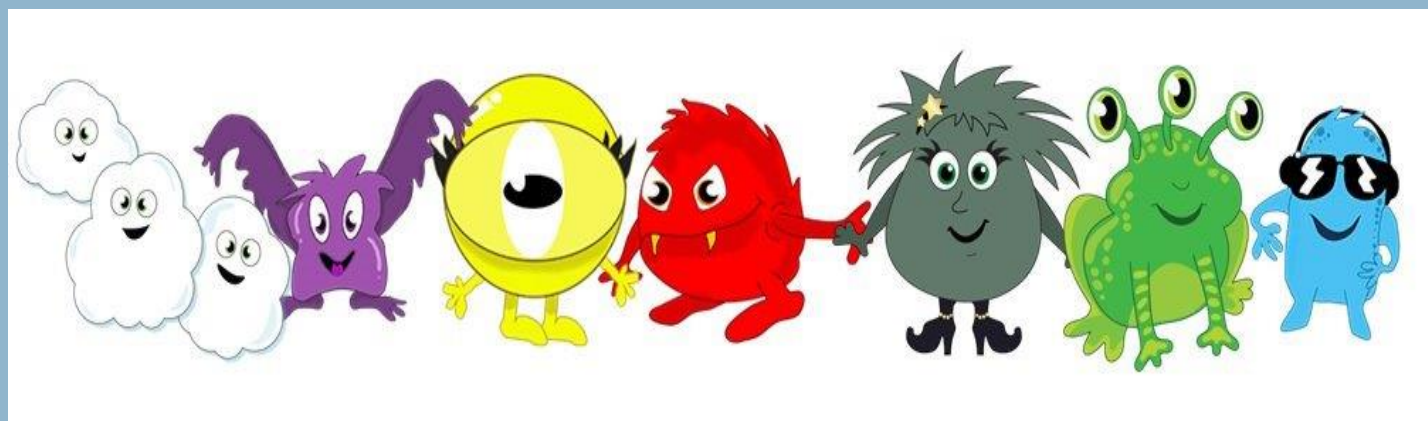
As part of the Cognita family, each year we join together to celebrate Global Be Well Day. This year's theme is 'In Motion we Thrive' with the aim of getting active. On Friday 25th September, we invite all children to come to school in their PE kits ready for some fun fitness activities.



Monster Phonics Dress Up Day –
Friday 2nd October

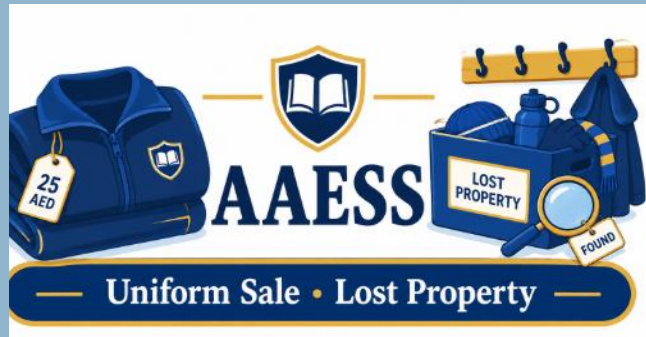
To further promote our love of phonics and reading, the children are invited to come to school on Friday 2nd October wearing one of the character's colours (For example: blue for Cool Blue, green for Green Froggy)

[.Monster Masks and Colouring Sheets](#)



Upcoming Events

In support of our on going sustainability projects, on Friday 2nd October, there will be an opportunity to purchase nearly new fleeces for 25aed (as a special launch price) and reclaim any lost property. This will take place in the canteen.



Monday 5th October – 7th October

2026-2027 school photos will be taken during the week beginning Monday 5th October. More information will be sent closer to the time.



Student Health and Wellbeing



Wellbeing Wednesday

ACTION:

Choose one moment today to put your device aside and enjoy some time away from the screen. Talk to someone, play, go outside or simply enjoy a quiet moment.

WHY IT MATTERS?

Taking a little break from screens gives our minds a chance to rest and helps us enjoy the people and world around us.



Student Health and Wellbeing

At Al Ain English Speaking School, we want every child to feel happy, energised, and ready to learn. This guide supports families in preparing safe, balanced lunchboxes that meet the ADEK School Food and Nutrition Policy and the Abu Dhabi Guideline for Unified School Nutrition and Food Safety.



ADEK_Food_and_Nutrition-Policy

⚠ Please be reminded that to protect the safety of **ALL** students, nuts and nut products are **STRICTLY PROHIBITED** on school premises.

Transportation Contact Details

For any queries or assistance related to bus routes, pick-up/drop-off arrangements, transportation concerns, or other transport-related matters, please contact:

English Communication

Mr. Rintu – Parent Relations Executive 055 231 7780

Arabic Communication

Mrs. Amna- Transport Team 055 231 7674



Enrich ME Weekly Insights

Enrich ME Insights

Finding the right activity shouldn't be complicated.

Enrich ME Insights brings everything together in one easy place — helping you quickly find:

- Classes and programmes available at your school
- How to book
- Trial lesson information
- Key events and opportunities
- Who to contact if you need support

Everything you need to explore Enrich ME and find the right opportunity for your child — all in one place.

Click the link below to see any classes you may not be aware of or special events happening in the Enrich ME calendar in the coming week.

AAESS: <https://aaessinsights.lovable.app>

Arabic 1

مرحبًا بكم يا صغاري الأحباء
🌟 نبدأ أسبوعًا جديدًا مليئًا بالتعلم والمرح والاكتشاف
هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع
👉 سنتعرّف هذا الأسبوع على حرف الواو (و)، ونتعرّف إلى صوته وأشكاله بطريقة ممتعة ومميّزة
📖 قصّة قصيرة وممتعة لتتعرّف من خلالها على حرف الواو وصوته
أشكال حرف الواو والأصوات القصيرة
صناعة وردة: نشاط الابتكار لحرف الواو
🎨 دروس الأسبوع: حرف الواو

نرجو البحث في المنزل عن أشياء تحبونها تحتوي أسماؤها على حرف الواو (و)، وإحضارها: ملاحظة
معكم إلى المدرسة للمشاركة والتعرّف إليها مع أصدقائكم
لا تتردّدوا في التواصل معنا عبر البريد الإلكتروني المدرج أدناه، ويسعدنا دائمًا تواصلكم ودعمكم لأطفالنا

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Abeer.alsafadi@cognita.com
Enas.mahmoud@cognita.com
Asmaa.alchraf@cognita.com

D,H المعلمة سمر أبو عجمية
C,G المعلمة فاطمة محمد
B,F المعلمة عبير الصفدي
A'E المعلمة إيناس محمود
I, أسما الأشرف: المعلمة

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter:(و)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (initial, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4: Fourth day, We will learn about the sounds of the long vowels (ِ , ُ , َ)

Lesson 5: Friday activity

Dear Parents:

This week, please help your child find items at home that begin with the Arabic letter(و - Waw) and bring them to School.

Ms. Missam Almohamad: Missam.almohamad@cognita.com