



# Al Ain English Speaking School

## Year 1 Learning Pathway

### Week beginning: 13.04.26

Dear Parents,

As we continue our journey through online learning, we are incredibly proud of the resilience and commitment shown by all the students. It has been wonderful to see such high levels of engagement, and we are especially pleased to see the children's confidence growing as they become more familiar with online lessons.



We are grateful for the continued support of our parents and carers, whose partnership plays a vital role in the success of online learning. We recognise that every home has its own unique circumstances, challenges, and successes during this time, and we are here to support you—please do not hesitate to reach out if there is anything further we can do.

**Please be reminded that: Children should be ready to learn**

- Children should be dressed and ready for the day
- Ideally seated at a table or desk - not lying on a sofa or in bed during lessons.

Please ensure children eat before or after lessons, as they would in school. - It can be difficult for them to participate and answer questions while eating.



**Sleep Matters** - A good night's sleep is essential for learning and wellbeing. Please aim for the following:

- Ages 3–5 years: 10–13 hours per night
- Ages 6–11 years: 9–11 hours per night

Children thrive on routine, and maintaining these simple structures makes a big difference to their focus, wellbeing, and overall learning experience. Thank you for your continued support in helping us provide the very best for your children.

## Contacting Year 1 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

<p><b>Mrs Jordan(1A) - HOY</b>  <a href="mailto:Lindsey.jordan@cognita.com">Lindsey.jordan@cognita.com</a></p>	<p><b>Ms Hannah - Mae (1B)</b>  <a href="mailto:Hannah.holmes@cognita.com">Hannah.holmes@cognita.com</a></p>	<p><b>Mrs Jade (1C)</b>  <a href="mailto:Jade.morrison@cognita.com">Jade.morrison@cognita.com</a></p>
<p><b>Ms Michelle (1D) - KS1</b>            Assistant Principal  <a href="mailto:Michelle.taylor2@cognita.com">Michelle.taylor2@cognita.com</a></p>	<p><b>Ms Lyndsay (1E)</b>  <a href="mailto:Lyndsay.telford@cognita.com">Lyndsay.telford@cognita.com</a></p>	<p><b>Ms Gill (1F)</b>  <a href="mailto:Gillian.burger@cognita.com">Gillian.burger@cognita.com</a></p>
<p><b>Ms Suzaan (1G)</b>  <a href="mailto:Suzaan.vreugdenburg@cognita.com">Suzaan.vreugdenburg@cognita.com</a></p>	<p><b>Ms Hannah (1H)</b>  <a href="mailto:Hannah.gourley@cognita.com">Hannah.gourley@cognita.com</a></p>	<p><b>Mrs. Karbhari (1I)</b>  <a href="mailto:Mariya.karbhari@cognita.com">Mariya.karbhari@cognita.com</a></p>

# Wellbeing Wednesday

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.



## Wellbeing Wednesday

Action:  
Take a short technology break - close your eyes, stretch or walk around for three minutes.

### WHY IT MATTERS:

Small breaks prevent digital fatigue, refresh your mind, and help you stay engaged with learning or work tasks.



## Upcoming Events

In collaboration with the Abu Dhabi Public Health Center (ADPHC) and Sakina, ADEK is pleased to launch the 'Healthy Parental Bridges' delivered through a series of awareness workshops.

This initiative aims to:

- raise parents' awareness of early signs of mental health challenges among children.
- promote healthy and supportive home environments.
- equip parents with practical strategies to support their children's emotional well-being.

Please find the workshop details below:

Date	Topic	Language	Time	Meeting
13 <sup>th</sup> April 2026	Addiction and its impact on the Individual and Family National Rehabilitation Center	English	1.00 – 2.00pm	<a href="#">Microsoft Teams</a>

# Important Information:

- For this week we will complete our learning online and at Al Ain English Speaking School (AAESS) this combines several complementary approaches to ensure learning remains structured, engaging and flexible.
- Learning will follow the normal school timetable, where possible, to maintain routine.
- Children will engage with live lessons which will be delivered by the teacher, recorded teacher inputs, and independent learning tasks which can be completed at a time convenient to your child.
- Offline tasks and movement breaks will be built into learning to support wellbeing and allow time away from the screen.

## Year 1 learning:

### Week beginning: Monday 13th April 2026

This week, in English, we will continue our poetry topic. We will understand what poetry is and continue to identify rhyming words. We will share how we know words rhyme as well as adding matching rhyming words and making rhyming strings.

In maths, we will begin our topic on number and focus on numbers upto 100. We will begin the week by counting forwards from any given number and be able to fill in missing numbers when doing this. We will then use this knowledge to count backwards.

During our Phonic lessons we will be revising the digraphs 'ea' (Green Froggy) as in leaf, 'ea' (Silent Monsters) as in cube then we will look at the soft 'g' as in age, soft 'c' as in ice and 'ee' as in see. We will use our knowledge to read and spell words containing these sounds as well as forming them correctly.

In Science we will begin to explore materials and objects and continue our investigation into which ones sink and float. We will make predictions and observations during our experiment when we are testing our creations.

## AAESS Values

### Respect



Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan, we will focus on the value of **Respect** in Term 3. Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

# Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع ...مرحبًا بكم طلابي الأحياء

سنتعرف هذا الأسبوع على حرف الكاف

(1)الدرس :حرف الكاف التّعرف على

(2)الدرس :التّعرف على أشكال حرف الكاف

(3)الدرس :على أصوات حرف الكاف القصيرة التّعرف

(4)الدرس :التّعرف على أصوات حرف الكاف الطويلة

(3)ورقة عمل (2)ورقة عمل (1)ورقة عمل :أوراق عمل

يقوم الطالب بصنع كتاب صغير باستخدام قصاصات ورقية، بحيث يتكون من عدة صفحات بسيطة، ويقوم (نشاط حرف الكاف )مهمة الأسبوع

بنجميعها وتثبيتته وكتابة كلمات تحوي حرف الكاف

قصة الأسبوع

لمشاركة نشاطك مع المعلم، اضغط على الرّابط الخاص بمعلمك

المعلمة منال المعلمة مهيبة المعلمة أسماء

[Mohiba.hnidi@cognita.com](mailto:Mohiba.hnidi@cognita.com)

[Manal.azzam@cognita.com](mailto:Manal.azzam@cognita.com)

المعلمة مهيبة Y1 A,G,F,H

المعلمة منال B,G,I,E,H

المعلمة D\C

أسماء

[Asmaa.alchraf@cognita.com](mailto:Asmaa.alchraf@cognita.com)

# Arabic 2

Let us take a quick look at our work this week:

**This week the students will learn about a new letter:(ك)**

**Lesson 1:** first day, We will learn the new letter and how to pronounce it.

**Lesson 2:** second day, We will learn about the forms of the letter (first, medial, final) in the word, and separately.

**Lesson 3:** Third day, We will learn about the sounds of the short vowels ( َ , ُ , ِ )

**Lesson 4:** Fourth day, We will learn about the sounds of the long vowels ( ِ , ُ , َ )

**Paper sheets**

**To share your classwork during the class**

Dear Parents, I'm pleased with your communication at the email address provided below.

Ms. Missam Almohamad: [Missam.almohamad@cognita.com](mailto:Missam.almohamad@cognita.com)

# Islamic 1

السلام عليكم ورحمة الله وبركاته  
درسنا لهذا الأسبوع: [خالق الناس بخلق حسن](#)  
يتعرف على المعنى الإجمالي للحديث.  
يستنتج الهدايات النبوية التي يرشدنا إليها الحديث.  
لمشاركة نشاطك مع المعلم، اضغط على الزابط الخاص بمعلمك  
[المعلمة إهداء](#)  
[المعلمة نور](#)  
[المعلمة أسماء](#)

المعلمة نور y1 B-G-C-H [nour.lababidi@cognita.com](mailto:nour.lababidi@cognita.com)  
المعلمة إهداء نصر الدين Y1A,G,EH [Ehdaa.abouhamed@cognita.com](mailto:Ehdaa.abouhamed@cognita.com)  
المعلمة أسماء Y1 E-F-I-D-H [Asmaa.alchraf@cognita.com](mailto:Asmaa.alchraf@cognita.com)

# Islamic 2

Dear students, **Assalamu Alaikum.**

Our lesson for this week is " Goodness is good character."

Students will be able to:

\*Recite the honorable Hadith from memory.

\*Identify the behavior which indicates good character.

[The link of the lesson.](#)

To share your activity with the teacher, click on your teacher's link.

[Ms Abir](#)

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: [abir.turkman@cognita.com](mailto:abir.turkman@cognita.com)