



Al Ain English Speaking School

Year 5 Learning Pathway

Week beginning: 06.04.26

Dear Parents,

As we continue our online learning, we would like to thank all our parents for their continued help, support, and cooperation. Please be reminded that a calm environment plays an important role in helping students remain focused, organised and confident during online learning



To ensure your child is ready for online learning it is helpful to:

- Provide a quiet learning space – keeping distractions to a minimum.
- Encourage organisation and independence.
- Balance online and offline activities with regular breaks and movement.
- Make sure your child is well rested.
- Ensure they are ready to join the meeting at the correct time
- Provide your child with paper and a pencil to use during their lesson

Contacting Year 5 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Carter (5A) - UKS2 Assistant Principal sarah.carter@cognita.com	Mr Porter (5B) Hedley.porter@cognita.com	Ms Ragee radgaonkar@aaess.sch.ae
Mr Wager (5D) Joseph.wager@cognita.com	Mr Jordan (5E) Michael.jordan@cognita.com	Ms Brown (5F) - HOY Hayley.brown@cognita.com
Mr Burger (5G) Andre.burger@cognita.com	Mr Moon (5H) Darren.moon@cognita.com	

Wellbeing Wednesday



Wellbeing Wednesday

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.

Action:

Create a simple workspace ritual - tidy your desk, adjust your chair or organize materials before lessons.

WHY IT MATTERS:

Small routines create structure, reduce distractions and give a sense of control during online learning.



Upcoming Events

In collaboration with the Abu Dhabi Public Health Center (ADPHC) and Sakina, ADEK is pleased to launch the 'Healthy Parental Bridges' delivered through a series of awareness workshops.

This initiative aims to:

- raise parents' awareness of early signs of mental health challenges among children.
- promote healthy and supportive home environments.
- equip parents with practical strategies to support their children's emotional well-being.

Please find the workshop details below:

Date	Topic	Language	Time	Meeting
7 th April 2026	Positive Parenting and its impact on Children's Mental Health - Parents	Arabic	1.00 – 2.00pm	Microsoft Teams
9 th April 2026	Children's Mental Health: The Role of the Family in Understanding, Early Intervention and Safe Treatment	English		Microsoft Teams
13 th April 2026	Addiction and its impact on the Individual and Family National Rehabilitation Center	English		Microsoft Teams

Important Information:

- For the next 2 weeks we will complete our learning online and at Al Ain English Speaking School (AAESS) this combines several complementary approaches to ensure learning remains structured, engaging and flexible.
- Learning will follow the normal school timetable, where possible, to maintain routine.
- Children will engage with live lessons which will be delivered by the teacher, recorded teacher inputs, and independent learning tasks which can be completed at a time convenient to your child.
- Offline tasks and movement breaks will be built into learning to support wellbeing and allow time away from the screen.

Year 5 learning:

Week beginning: Monday 6th April 2026

Maths	In maths, the children will begin a unit on shape, lessons include- perimeter of rectangles, perimeter of rectilinear shapes, adding and subtracting decimals across one and area of rectangles.
Writing	In writing, students will be delving deeper into the structure of poetry and learning how to apply figurative language such as personification, alliteration, similes, and metaphors in poems.
Integrated curriculum	In topic, students will continue learning about far eastern countries, with a focus on China and Japan. They will research and gather key information about the culture, geography, and people of these countries using a mind map, research sheet, or notes.
Science	This week, the children will learn to understand the human skeleton and will name some of the key bones in the body. They will also be learning about the animal gestation periods.

Year 5 Spellings

List 1 – definite, develop, disastrous, equip, explanation, forty, hindrance, individual, language, leisure

List 2 – difficult, disappear, early, earth, eight, eighth, enough, exercise, experience, experiment

List 3 – mat, moth, an, pop, teeth, not, sun, thing, got

Arabic 1

مرحبًا بكم طلابي الأحباء... هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع

القراءة: قصة (أمير الأطباء)

الكتابة: كتابة استجابة أدبية

فقرة الإملاء

الإملاء الأسبوعي يوم الأربعاء

دروس الأسبوع الثالث

لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علمًا أنه باستطاعتكم مقابلة المعلمين كل يوم اثنين

من الساعة 2:45 - 3:10 نسعدُ بتواصلكم الدائم
قصة الأسبوع

المعلمة Y5 B,E,G,C,A hedaia.almomani@cognita.com

فاطمة :المعلمة Y5 F,A,D,E <mailto:fatema.tarifi@cognita.com> هداية المومني

الطريفي

أحمد صالح متعب :المعلم Y5H ahmad.mouteb@cognita.com

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about: (**Shopping**) (قسم الفاكهة والخضروات - الشسوق)

We will learn the vocabulary of the lesson. ([The Dictionary](#))

We will read the second text about the dairy and cheese section.

[Lessons Link](#)

[Worksheet link](#)

Spelling: spelling test this week: **Wednesday, April 7, 2026**

[Spelling words](#)

[Story of Week 3 - T3](#)

Walaa Alkrad Y5 A,B,C,D,E,F,G,H walaa.alkrad@cognita.com

Arabic SS:

مرحبًا بكم طلابي الأعزاء: هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع

سنمكل رحلتنا التعليمية مع [درس الميزانية الشخصية \(الإنفاق و الإدخار \)](#)

حيث سنتعرّف الفرق بين الإنفاق والإتخار.

المعلمة ريم الجبوي: reem.aljbawi@cognita.com
المعلم مصطفى خميس: Moustafa.khamis@cognita.com

Islamic 1

السلام عليكم الطلاب الأعزاء
سنتعلم في هذا الأسبوع
درس سورة الإنشاق
نواتج التعلم

[رابط درس الأسبوع الثالث](#)

أن يتلو الطالب الآيات تلاوة صحيحة مجودة
لا تترددوا في التواصل معنا عبر البريد الإلكتروني المدرج أدناه
ملاحظة: نظرًا لاستمرار التعليم عن بُعد، تم تأجيل مسابقة ربيع القلوب للقرآن الكريم حتى إشعار
آخر، وسيتم إبلاغكم بالموعد الجديد عند تحديده، نشكركم على تفهمكم وتعاونكم.

المعلم أحمد مبارز Ahmed.mobarez@cognita.com

المعلمة إهداء نصر الدين Y5H Ehdaa.abouhamed@cognita.com

المعلم خليل سينو Khailil.seeno@cognita.com

Islamic 2

Dear students, As-salamu Alaikum.

This week we are going to start a new lesson (In the Shade of My Charity) and our goals are:

- Define the Charity.
- List the types of charities.
- Conclude the virtue of charity.
- Abide by the manners of charity.

A link to the lesson could be found [here](#).

Note: Due to the continuation of distance learning, the Spring of Hearts(Rabee' Al-Quloob) Qur'an Competition has been postponed until further notice. You will be informed of the new date once it is set. Thank you for your understanding and cooperation.

Mr. Ahmed A bdelmohdy: Ahmed.Abdelmohdy@Cognita.com

AAESS Values

Respect



Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** in Term 3.

Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others