



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 06.04.26

Dear Parents,

As we continue our online learning we would like to thank all our parents for their continued help, support and cooperation. Please be reminded that a supportive home environment plays an important role in helping students remain focused, organised and confident during online learning



To ensure your child is ready for online learning it is helpful to

- Provide a quiet learning space – keeping distractions to a minimum.
- Encourage organisation and independence.
- Balance online and offline activities with regular breaks and movement.
- Make sure your child is well rested.
- Ensure they are ready to join the meeting at the correct time
- Keep in contact with the class teacher for further guidance and support

Contacting Year 1 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Mrs Jordan(1A) - HOY Lindsey.jordan@cognita.com	Ms Hannah - Mae (1B) Hannah.holmes@cognita.com	Mrs Jade (1C) Jade.morrison@cognita.com
Ms Michelle (1D) - KS1 Assistant Principal Michelle.taylor2@cognita.com	Ms Lyndsay (1E) Lyndsay.telford@cognita.com	Ms Gill (1F) Gillian.burger@cognita.com
Ms Suzaan (1G) Suzaan.vreugdenburg@cognita.com	Ms Hannah (1H) Hannah.gourley@cognita.com	Mrs. Karbhari (1I) Mariya.karbhari@cognita.com

Wellbeing Wednesday



Wellbeing Wednesday

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.

Action:

Create a simple workspace ritual - tidy your desk, adjust your chair or organize materials before lessons.

WHY IT MATTERS:

Small routines create structure, reduce distractions and give a sense of control during online learning.



Upcoming Events

In collaboration with the Abu Dhabi Public Health Center (ADPHC) and Sakina, ADEK is pleased to launch the 'Healthy Parental Bridges' delivered through a series of awareness workshops.

This initiative aims to:

- raise parents' awareness of early signs of mental health challenges among children.
- promote healthy and supportive home environments.
- equip parents with practical strategies to support their children's emotional well-being.

Please find the workshop details below:

Date	Topic	Language	Time	Meeting
7 th April 2026	Positive Parenting and its impact on Children's Mental Health - Parents	Arabic	1.00 – 2.00pm	Microsoft Teams
9 th April 2026	Children's Mental Health: The Role of the Family in Understanding, Early Intervention and Safe Treatment	English		Microsoft Teams
13 th April 2026	Addiction and its impact on the Individual and Family National Rehabilitation Center	English		Microsoft Teams

Important Information:

- For this week we will complete our learning online and at Al Ain English Speaking School (AAESS) this combines several complementary approaches to ensure learning remains structured, engaging and flexible.
- Learning will follow the normal school timetable, where possible, to maintain routine.
- Children will engage with live lessons which will be delivered by the teacher, recorded teacher inputs, and independent learning tasks which can be completed at a time convenient to your child.
- Offline tasks and movement breaks will be built into learning to support wellbeing and allow time away from the screen.

Year 1 learning:

Week beginning: Monday 6th April 2026

This week, in English, we will begin our poetry topic. We will understand what poetry is and focus on rhyming words. We will share how we know words rhyme as well as adding matching rhyming words and making rhyming strings.

In maths, we will continue our topic on fractions. We will begin the week learning about quarters and recognising these in shapes and objects. We will then use this knowledge to find quarters of amounts, learning different strategies to help with our work.

During our Phonic lessons we will be revising the split digraphs 'u-e' (U-Hoo) as in cube, then we will look at the soft 'g' as in age, soft 'c' as in ice and 'ee' as in see. We will use our knowledge to read and spell words containing these sounds as well as forming them correctly.

In Science we will begin to explore materials and objects and continue our investigation into which ones sink and float. We will make predictions and observations during our experiment when we are testing our creations.

AAESS Values

Respect



Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan, we will focus on the value of **Respect** in Term 3. Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع... مرحبًا بكم طلابي الأحباء
سنتعرف هذا الأسبوع على حرف الضاد
(1) [الدرس](#): حرف الضاد التعرف على
(2) [الدرس](#): التعرف على أشكال حرف الضاد
(3) [الدرس](#): على أصوات حرف الضاد القصيرة التعرف
(4) [الدرس](#): التعرف على أصوات حرف الضاد الطويلة
(3) [ورقة عمل](#) (2) [ورقة عمل](#) (1) [ورقة عمل](#) : أوراق عمل

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المعلمة مهيبة: Y1 A,G,F,H
المعلمة منال B,G,I,E,H
المعلمة D\C
أسماء

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Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter:(خ)

[Lesson 1](#): first day, We will learn the new letter and how to pronounce it.

[Lesson 2](#): second day, We will learn about the forms of the letter (initial, medial, final) in the word, and separately.

[Lesson 3](#): Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

[Lesson 4](#): Fourth day, We will learn about the sounds of the long vowels (ِ , ُ , َ)

[Paper sheets](#)

Dear Parents,

I am pleased with your communication at the email address provided below.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

السلام عليكم ورحمة الله وبركاته
درسنا لهذا الأسبوع هو [سورة المسد](#) :
- تلاوة الآيات بشكل سليم.
- فهم المعنى الإجمالي لسورة المسد

- نظرًا لاستمرار التعليم عن بُعد، تم تأجيل مسابقة ربيع القلوب للقرآن الكريم حتى إشعار آخر، وسيتم إبلاغكم بالموعد: ملاحظة الجديد عند تحديده، نشكركم على تفهمكم وتعاونكم

المعلمة نور y1 B-G-C-H nour.lababidi@cognita.com
المعلمة إهداء نصر الدين Y1A,G,H,E Ehdaa.abouhamed@cognita.com
المعلمة أسماء Y1 E-F-I-D-H Asmaa.alchraf@cognita.com

Islamic 2

Dear students, **Assalamu Alaikum**.

This week we will complete (Surat Al Masad)

The students will be able to:

*Recite the surah correctly.

* Learn about the beginnings of the Prophet Muhammad's call to Islam.

[The link of the lesson.](#)

Note: Due to the continuation of distance learning, the Spring of Hearts(Rabee' Al-Quloob) Qur'an Competition has been postponed until further notice. You will be informed of the new date once it is set. Thank you for your understanding and cooperation.

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: abir.turkman@cognita.com