



Al Ain English Speaking School

Preschool Learning Pathway

Week beginning: 06.04.26

Dear Parents,

As we continue our online learning we would like to remind you that a supportive home environment plays an important role in helping students remain focused, organised and confident during online learning

Simple routines and a structured environment help students stay organised and ready to learn as it maintains a consistent daily routine.

To ensure your child is ready for online learning it is helpful to

- Provide a quiet learning space – keeping distractions to a minimum.
- Encourage organisation and independence.
- Balance online and offline activities with regular breaks and movement.
- Make sure your child is well rested.
- Contact the teacher if you need further support.



Contacting Preschool Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Celine David (PSA) - Celine.david@cognita.com	Ms Jess (PSB) Jessica.larby@cognita.com	Ms Maddie (PSC) - Lead Teacher Madeleine.box@cognita.com
Ms Romay (PSD) Romay.barretto@cognita.com	Ms Vicky (PSE) Vicky.sloan@cognita.com	Ms Denise – Early Years Director Denise.grant@cognita.com

Wellbeing Wednesday



Wellbeing Wednesday

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.

Action:

Create a simple workspace ritual - tidy your desk, adjust your chair or organize materials before lessons.

WHY IT MATTERS:

Small routines create structure, reduce distractions and give a sense of control during online learning.



Upcoming Events

In collaboration with the Abu Dhabi Public Health Center (ADPHC) and Sakina, ADEK is pleased to launch the 'Healthy Parental Bridges' delivered through a series of awareness workshops.

This initiative aims to:

- raise parents' awareness of early signs of mental health challenges among children.
- promote healthy and supportive home environments.
- equip parents with practical strategies to support their children's emotional well-being.

Please find the workshop details below:

Date	Topic	Language	Time	Meeting
7 th April 2026	Positive Parenting and its impact on Children's Mental Health - Parents	Arabic	1.00 – 2.00pm	Microsoft Teams
9 th April 2026	Children's Mental Health: The Role of the Family in Understanding, Early Intervention and Safe Treatment	English		Microsoft Teams
13 th April 2026	Addiction and its impact on the Individual and Family National Rehabilitation Center	English		Microsoft Teams

Upcoming events.



PLEASE JOIN US FOR A FUN FRIDAY FRIDAY 10TH APRIL

Please see the adapted schedule for Friday's online lessons.

PIRATE DAY

We would love your child to join us for Fun Friday! Please see the adjusted online schedule for the day.

To make the day extra exciting, we would love the children to dress up as pirates, using hats and props they have made themselves. We kindly ask for your support in helping your child create their costume using recyclable materials. Please take a look at the pre-recorded PowerPoint for some fun and easy ideas.

We would also really love for you to share some photos of your child enjoying their pirate adventures at home — this could include taking part in pirate-themed activities, playing with props they have created, or joining in with the themed learning. Please send any photos to denise.grant@cognita.com by 2:30 pm on Thursday, so that we can create a special video to share online with the children and their classmates.

If you do not give permission for your child's photo to be shared online, please kindly do not send any photographs.

Thank you for your continued support. We cannot wait to see the children's amazing pirate creations and adventures!



انضموا إلينا لقضاء يوم جمعة ممتع

الجمعة 10 ابريل

يرجى الاطلاع على الجدول المعدل لدروس يوم الجمعة عبر الإنترنت

PIRATE DAY

نود أن ينضم طفلكم إلينا في يوم الجمعة الممتع
يرجى الاطلاع على الجدول المعدل للدروس عبر الإنترنت لهذا اليوم
لجعل هذا اليوم أكثر حماساً نود أن يرتدي الأطفال أزياء القراصنة باستخدام القبعات والإكسسوارات التي قاموا بصنعها بأنفسهم
نرجو دعمكم في مساعدة طفلكم على إعداد زيه باستخدام مواد قابلة لإعادة التدوير
يرجى الاطلاع على عرض اليوتيوب المسجل مسبقاً للحصول على بعض الأفكار الممتعة والسهلة
كما يسعدنا جداً أن تشاركوا بعض الصور لطفلكم وهو يستمتع بمغامرات القراصنة في المنزل
ويمكن أن يشمل ذلك المشاركة في أنشطة مستوحاة من القراصنة أو اللعب بالإكسسوارات التي قاموا بصنعها أو الانضمام إلى أنشطة
التعلم ذات الطابع الخاص

يرجى إرسال أي صور إلى denise.grant@cognita.com

قبل الساعة 2:30 مساءً يوم الخميس

حتى تتمكن من إعداد فيديو مميز لمشاركته عبر الإنترنت مع الأطفال وزملائهم
في حال عدم الموافقة على مشاركة صورة طفلكم عبر الإنترنت نرجو عدم إرسال أي صور
شكراً لدعمكم المستمر

لا يسعنا الانتظار لرؤية إبداعات الأطفال المميزة ومغامراتهم كقراصنة



Important Information:

- For the next 2 weeks we will complete our learning online and at Al Ain English Speaking School (AAESS) this combines several complementary approaches to ensure learning remains structured, engaging and flexible.
- Learning will follow the normal school timetable, where possible, to maintain routine.
- Children will engage with live lessons which will be delivered by the teacher, recorded teacher inputs, and independent learning tasks which can be completed at a time convenient to your child.
- Offline tasks and movement breaks will be built into learning to support wellbeing and allow time away from the screen.

Preschool learning:

Week beginning: Monday 6th April 2026

This week in Phonics, we will revisit Aspect 4: Rhythm and Rhyme. We will be working on identifying and exploring words that sound the same.

In Maths we will be learning to recognise ABAB patterns by looking at how pictures or items take turns to make a pattern, such 'red, blue, red, blue' or 'apple, orange, apple, orange.' The children will attempt to continue ABAB patterns by saying or drawing what comes next. They will also be given opportunities to make their own ABAB patterns on the pirate hats that they create.

This week in Understanding the World, children will explore different materials and investigate which ones sink or float. We will also begin to think about which materials are best for building a floating pirate ship. We kindly encourage parents to support this learning at home by helping children choose reusable materials and asking simple questions such as, "Why do you think this will float?" or "What might happen when it gets wet?"

This week in Literacy, we will continue practising the actions for our pirate story. We will also keep working on creating the story map to help us remember the key words.

This week in EAD, we will be engaging in a fun pirate themed activity where children will create their own eye patch or pirate hook. This will encourage their creativity, imagination and fine motor skills development. Children can also wear their creations for our exciting pirate day.