



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 23.03.26

Dear Parents,

Eid Mubarak! We hope you and your family have had a very happy and peaceful spring holiday.

Welcome back to Term 3 and we look forward to welcoming all children online for their lessons on **Monday 23rd March**.

Please be reminded that we will return to our normal school hours as follows: **Monday to Thursday - 7.40 am until 2.30pm** and **Friday 7:40am until 11:30am**.



Following the announcement of the continuation of online learning for the first two weeks of Term 3, please use the following link to access a copy of the AAESS Online Learning Framework, <https://aaess.org/online-learning-hub/>

This page brings together the key information you need, including how the programme works, what students can expect by phase, key contacts, and answers to frequently asked questions to support parents at home.

Contacting Year 1 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Mrs Jordan(1A) - HOY Lindsey.jordan@cognita.com	Ms Hannah - Mae (1B) Hannah.holmes@cognita.com	Mrs Jade (1C) Jade.morrison@cognita.com
Ms Michelle (1D) - KS1 Assistant Principal Michelle.taylor2@cognita.com	Ms Lyndsay (1E) Lyndsay.telford@cognita.com	Ms Gill (1F) Gillian.burger@cognita.com
Ms Suzaan (1G) Suzaan.vreugdenburg@cognita.com	Ms Hannah (1H) Hannah.gourley@cognita.com	Mrs. Karbhari (1I) Mariya.karbhari@cognita.com

Important Information:

- For this week we will complete our learning online and at Al Ain English Speaking School (AAESS) this combines several complementary approaches to ensure learning remains structured, engaging and flexible.
- Learning will follow the normal school timetable, where possible, to maintain routine.
- Children will engage with live lessons which will be delivered by the teacher, recorded teacher inputs, and independent learning tasks which can be completed at a time convenient to your child.
- Offline tasks and movement breaks will be built into learning to support wellbeing and allow time away from the screen.

Year 1 Learning:

Week beginning: Monday 23rd March 2026

This term, in English, we will continue with our work on fact files. We will begin the week by labelling a picture and using adjectives to add more detail. We will then use this knowledge to write sentences about a desert animal ensuring that adjectives are included. We will end the week by sorting information about a range of animals and ensuring that these details are under the correct sub heading.

In maths, we will continue our topic on multiplication and division. We will begin the week by exploring arrays and what these look like in everyday life. We will then make our own arrays using a range of practical objects and pictures and use these representations to answer a range of multiplication sums.

During our Phonic lessons we will be revising the digraphs 'oy' as in boy, 'ar' as in park as well as learning about the split digraphs 'a_e' as in cake and 'e_e' as in these. We will use our knowledge to read and spell words containing these sounds as well as forming them correctly.

In Science we will continue to explore plants and this week we will look at the parts of a plant we can eat. We will explore the different parts such as roots, stems, flowers, leaves, fruit and seeds and recognise some common food items from each category.

Upcoming Events



Parent Webinar – Remote Online Learning Introduction Monday 23rd March – 8.30am to 9am

Parents will receive an invitation to attend a Webinar as a welcome and introduction to our Term 3 online learning programme. The webinar will provide guidance and clarity of our online learning provision and an opportunity to answer any questions parents may have.

Wellbeing Wednesday

Our Wellbeing Committee is pleased to introduce **Wellbeing Wednesdays**, an initiative that will continue during Term 3 and is focused on building kindness and care across our school community.

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.



Wellbeing Wednesday

Action:

**Spend two minutes grounding
yourself where you are**

WHY IT MATTERS:

Grounding helps settle the nervous system and bring our attention back to the present moment. Taking a brief pause like this can reduce overwhelm, improve focus, and support emotional balance throughout the day.



Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع ...مرحبًا بكم طلابي الأحباء

سنتعرف هذا الأسبوع على حرف الياء

1الدرس: حرف الياء التّعرف على

2الدرس: التّعرف على أشكال حرف الياء

3الدرس: على أصوات حرف الياء القصيرة التّعرف

4الدرس: التّعرف على أصوات حرف الياء الطويلة

3ورقة عمل 2ورقة عمل 1ورقة عمل: أوراق عمل حرف الياء

لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علمًا أنّه باستطاعتكم مقابلة المعلمين كلّ يوم اثنين من الساعة

2:45 - 3:10 نسعدُ بتواصلكم الدائم

Mohiba.hnidi@cognita.com

Manal.azzam@cognita.com

المعلمة مهيبة: Y1 A,G,F,H

المعلمة منال B,G,I,E,H

المعلمة DC

أسماء

Asmaa.alchraf@cognita.com

Arabic 2

Let's take a quick look at our work this week:

This week the students will continue learning about the letter:(ي)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (initial, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4: Fourth day, We will learn about the sounds of the long vowels (ِ , ُ , َ)

This week sory: [البولة](#)

[Paper sheets](#)

Dear Parents,

Warm greetings, On Friday, we will make a **Hand** by using tools that are being recycled.

I am pleased with your communication at the email address provided below.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

- السلام عليكم ورحمة الله وبركاته ، اليومَ نبدأُ فصلًا جديدًا مليئًا بالقيم الجميلة والمعاني الطيبة
 - درس هذا الأسبوع: مراجعة عامة
 - أهداف الدرس:
 - تلاوة السور القرآنية تلاوة صحيحة.
 - مراجعة قصة سيدنا محمد - صلى الله عليه وسلم.
 - مراجعة أركان الإسلام الخمسة.
- سيتم تسميع سورة الفيل للطلاب ومن يرغب يتمكن من إرسال فيديو لطالب وهو يقرأ سورة الفيل أو وهو يقول أركان الإسلام.
 - لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علمًا أنه باستطاعتكم مقابلة المعلمين كل يوم اثنين من الساعة 2:45 - 3:10 نسعدُ بتواصلكم الدائم

nour.lababidi@cognita.com

المعلمة y1 B-G-C-H

Asmaa.alchraf@cognita.com

المعلمة أسماء Y1 E-F-I-D-H

Islamic 2

Dear students, **Assalamu Alaikum**. Welcome to the beginning of a new term. I ask Allah Almighty to make it a term filled with more success and excellence. During this week, we will have a quick review of what we learned in the previous term through a variety of activities.

Students will be able to:

- Recite the Qur'anic Surahs correctly.
- Review the story of our Prophet Muhammad (peace be upon him).
- Review the Five Pillars of Islam.

[The link of the lesson.](#)

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: abir.turkman@cognita.com

AAESS Values

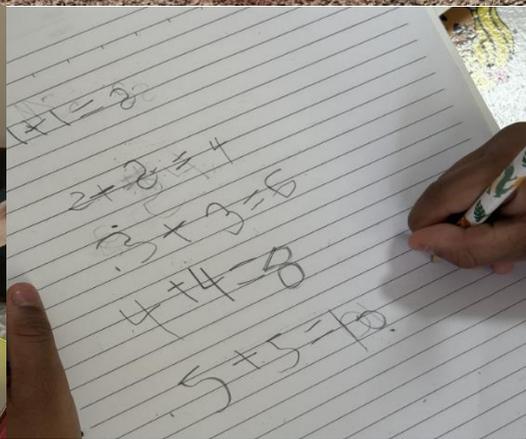
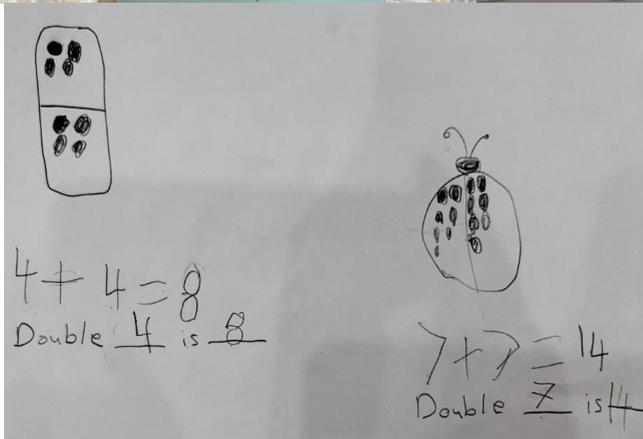
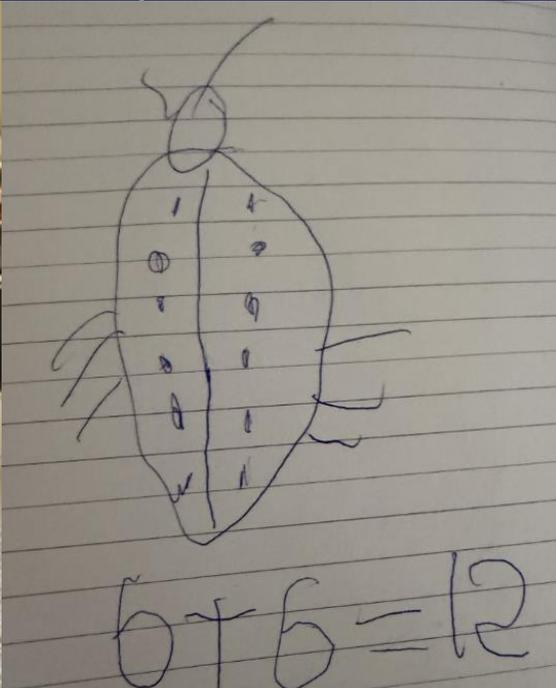
Respect



Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan, we will focus on the value of **Respect** in Term 3. Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

This week in pictures



Build	Represent	Add	Double
		$1 + 1 = 2$	Double 1 is 2
		$2 + 2 = 4$	Double 2 is 4
		$3 + 3 = 6$	Double 3 is 6
		$4 + 4 = 8$	Double 4 is 8
		$5 + 5 = 10$	Double 5 is 10

