



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 19.01.26

Dear Parents,

Parent Access Pass Information

Please be reminded that in line with updated policy requirements, parents or carers of children in Primary will need to wear their permanent access pass to enter the school site and drop off or collect their children.



Our school uniform is designed to be weather appropriate. Therefore, with the present weather conditions (cooler mornings and hotter afternoon temperatures), students should be equipped for both warm and cold weather. If the children do not have a school jumper or sweater to wear, they should come to school, wearing a plain (preferably navy blue) jumper. With the changing weather temperatures, it is also important that all items students are likely to take off during the day are clearly labelled with their name and class.

Parent-teacher meetings are scheduled to take place on the week beginning 26th January, providing an opportunity to discuss your child's attainment and progress. Further details including the sign-up procedures will be shared this week.



Contacting Year 1 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Mrs Jordan(1A) - HOY Lindsey.jordan@cognita.com	Ms Hannah - Mae (1B) Hannah.holmes@cognita.com	Mrs Jade (1C) Jade.morrison@cognita.com
Ms Michelle (1D) - KS1 Assistant Principal Michelle.taylor2@cognita.com	Ms Lyndsay (1E) Lyndsay.telford@cognita.com	Ms Gill (1F) Gillian.burger@cognita.com
Ms Suzaan (1G) Suzaan.vreugdenburg@cognita.com	Ms Hannah (1H) Hannah.gourley@cognita.com	Mrs. Karbhari (1I) Mariya.karbhari@cognita.com

Important Information:

PARENTS
REMEMBER TO WEAR YOUR
YELLOW LANYARD
ACCESS PASS



WEAR YOUR PASS
AT DROP OFF & PICK UP

SAFETY FIRST
HELP US IDENTIFY YOU!

Important Information:

أولياء الأمور

تذكروا ارتداء شريط تصريح الدخول الأصفر بكم

شريط تصريح الدخول الأصفر



ارتدِ تصريحك عند
التوصيل والاستلام

السلامة أولاً!

Important Information:

- Gates will open promptly at **7.05am (Monday - Friday)**. Please be reminded that arriving on time each morning is vital to your child's learning. Gates close and lessons start promptly at **7:40 am**.
- *As part of our commitment to safety, our new swipe card entry system is in place to ensure that only staff and approved visitors are permitted on site during the school day. Thank you for respecting this and for your continued support in helping us maintain a safe environment for all.*
- Regular **pick-up time is 2:30 PM**. If your child is registered for an ECA (Extra-Curricular Activity), pick-up will be at **3:20 PM**. Please note that if a child is not registered for an ECA and is not collected by **2:40 PM**, they will be taken to the **KS2 classroom for supervision**. In this case, you will need to wait at Security, and your child will be brought to you. Thank you for your understanding and cooperation in helping us ensure a smooth and safe end to the school day.

Year 1 learning:

Week beginning: Monday 19th January 2026

This week, we will continue with our Meerkat Mail text during our Talk 4 Writing lessons. We will revisit the text daily and will use our own actions to it to help us remember the text. Then we will retell and sequence events in the story and identify them from the beginning, middle and end of the story. We will then edit the character from the story and change the setting to make our own version of the text.

In maths, we will complete our place value work and focus on numbers to 50. We shall understand how these are represented using tens and ones. We will start the week by using equipment to make the numbers then write this in numerals from a pictorial representation. We will end the week identifying numbers that are more and less.

In phonics, we will learn the digraphs igh (Yellow I) as in light, or as in for and ore as in sore. We will identify, read and write words using these sounds, as well as challenging ourselves to write simple sentences.

In Science, we will recap our learning about animals and the groups they belong to such as mammals, reptiles, birds, insects, fish and amphibians. We will then learn about herbivores, carnivores or omnivores and explore some of the animals that have each of these diets.

Home Learning Links:

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

Year 1 – Term 2 - Week 2 Learning Review

Year 1 PE Days:

Class	Day	
1A, 1B, 1C, 1D, 1E & 1F	Monday	Wednesday
1G, 1H & 1I	Tuesday	Friday

Please contact Mr Tom Mucklin at tom.mucklin@cognita.com should you have any queries or questions regarding our PE provision.

Upcoming events:

School Trip

The children have the opportunity to visit zoo to support their learning about 'Living things and their habitat'. These will be held from the 19th to 22nd January 2026. You will receive a letter soon with more information.



حديقة الحيوانات بالعين
AL AIN ZOO



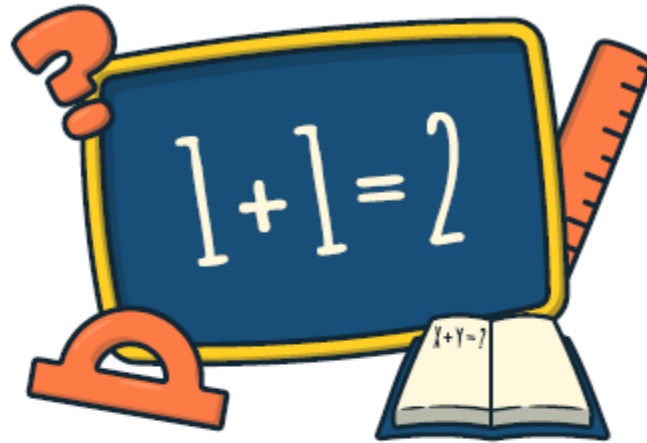
AAESS will be doing the 20 days of wellness challenge from Tuesday 6th January until Sunday 25th January. The challenge this year will be looking at diet, sleep and activity.

Wednesday 28th January

KS1 Primary Sports Day – **Year 1 8:30am – 10:15am** on the Astro. We look forward to seeing you supporting your child.

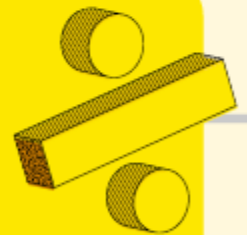


Parent Workshop



**How can I support my child at
home with maths?**

**Wednesday 21st January
2.00 – 2.30
Auditorium**



**For Early Years, Key Stage 1, and Key
Stage 2**



Please register here

[Use this link](#)



20 Days of Wellbeing



AAESS Wellbeing 20 day Challenge January 6th - 25th, 2026

EAT 3 DIFFERENT
VEGETABLES

GO FOR A 30
MINUTE WALK

TIDY YOUR
ROOM

NO SCREENS 1
HOUR BEFORE
BED

GO FOR A RUN
FOR AT LEAST
10 MINUTES

TRY A NEW
FOOD

DANCE TO
YOUR
FAVOURITE
SONG

WRITE DOWN 3
THINGS YOU
ARE GRATEFUL
FOR

DRINK OR MAKE
A SMOOTHIE

READ BEFORE
BED

EAT A HEALTHY
SNACK

USE POSITIVE
WORDS ALL
DAY

SHOW AN ACT
OF KINDNESS

HAVE A QUIET
30 MINUTES

EAT 3 FRUITS

NO
TECHNOLOGY
AN HOUR
BEFORE BED

EAT DINNER
WITH THE
FAMILY, NO
DEVICES

CHECK ON A
FRIEND

GO TO BED
EARLIER, TRY
TO GET 9
HOURS SLEEP

DO SOMETHING
THAT MAKES
YOU SMILE

PRIZES FOR THE BEST
PORTFOLIO AND
PHOTOS, HANDED IN
ON THE 26th JANUARY
TO YOUR CLASS
TEACHER / TUTOR

TAKE SOME
TIME EACH DAY
TO TAKE CARE
OF YOUR
WELLBEING!

Wellbeing Wednesday

Our Wellbeing Committee is pleased to introduce **Wellbeing Wednesday's**, an initiative for Term 2 focused on building kindness and care across our school community.

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.



Wellbeing Wednesday

Action:

**Invite someone who is alone at
break to join you**

WHY IT MATTERS:

Including others helps people feel welcomed and valued. A simple invitation can ease feelings of loneliness and remind us all that we belong within our school community.



Sports Day

AL AIN ENGLISH SPEAKING SCHOOL



KS1 SPORTS DAY

YEAR 1- 8:30AM - 10:15AM
YEAR 2- 10:30AM - 12:15PM

**WEDNESDAY 28TH
JANUARY**



Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع ...مرحبًا بكم طلابي الأحياء

سنتعرف هذا الأسبوع على حرف الصاد

1الدرس: حرف الصاد التعرف على

2الدرس: التعرف على أشكال حرف الصاد

3الدرس: على أصوات حرف الصاد القصيرة التعرف

4الدرس: التعرف على أصوات حرف الصاد الطويلة

3ورقة عمل 2ورقة عمل 1ورقة عمل: أوراق عمل حرف الصاد

مسابقة نجم القراءة

كل أسبوع لمدة خمس أسابيع متتالية لتصبح نجم القراءة وتحصل على شهادة التميز (قراءة كلمات بسيطة) ارسل فيديو

Mohiba.hnidi@cognita.com

Manal.azzam@cognita.com

المعلمة مهيبة: Y1 A,G,F,H

المعلمة منال B,G,I,E,H

المعلمة D\C

أسماء

Asmaa.alchraf@cognita.com

Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter: (ص)

Lesson 1: first day, We will learn the new letter and how to pronounce it.

Lesson 2: second day, We will learn about the forms of the letter (initial, medial, final) in the word, and separately.

Lesson 3: Third day, We will learn about the sounds of the short vowels (َ , ُ , ِ)

Lesson 4: Fourth day, We will learn about the sounds of the long vowels (َـ , ُـ , ِـ)

Activity

Dear Parents,

Warm greetings, On Friday, we will make a **Rocket** by using tools that are being recycled.

I am pleased with your communication at the email address provided below.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

AAESS Values

Care



Our value focus this term is Care.

Our expectations are that students will:

Take care of themselves

- Take care of each other
- Take care of our school / our world
- Take care with their work

Islamic 1

السَّلام عليكم ورحمة الله وبركاته
درس هذا الأسبوع هو: بناء الكعبة
أهداف الدرس:
يذكر قصة سيدنا إبراهيم عليه السلام.
-بعلل أهمية الكعبة للمسلمين.

- الرابط "ربيع القلوب" إعلان هام يسرنا أن نعلن عن استمرار التسجيل في مسابقة القرآن الكريم
- لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علماً أنه باستطاعتكم مقابلة المعلمين كل يوم اثنين من الساعة 2:45 - 3:10 نسعدُ بتواصلكم الدائم

nour.lababidi@cognita.com

المعلمة نور y1 B-G-C-H

asmaa.alachraf@cognita.com

المعلمة أسماء Y1 E-F-I-D-H

Islamic 2

Dear students, As-salamu Alaikum.

Our lesson for this week is " Building the Kaaba"

The students will be able to:

- Mention the name of the Prophet who built Al- Kaaba.
- Narrate the story of building Al- Kaaba.

The link of the lesson.

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: abir.turkman@cognita.com

This week in pictures

