



Al Ain English Speaking School

Preschool Learning Pathway

Week beginning: 19.01.26

Dear Parents,

Parent Access Pass Information

Please be reminded that in line with updated policy requirements, parents or carers of children in Primary will need to wear their permanent access pass to enter the school site and drop off or collect their children.



Our school uniform is designed to be weather appropriate. Therefore, with the present weather conditions (cooler mornings and hotter afternoon temperatures), students should be equipped for both warm and cold weather. If the children do not have a school jumper or sweater to wear, they should come to school, wearing a plain (preferably navy blue) jumper. With the changing weather temperatures, it is also important that all items students are likely to take off during the day are clearly labelled with their name and class.

If your child has needed to change clothes at school for any reason, we kindly ask that these are washed and returned, so we can ensure we always have spare clothing available for all children. Thank you for your support.

Parent-teacher meetings are scheduled to take place on the week beginning 26th January, providing an opportunity to discuss your child's attainment and progress. Further details including the sign-up procedures will be shared this week.

Parent-
Teacher
Meetings

Contacting Preschool Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Caline (PSA) - Cdavid@cognita.com	Ms Jess (PSB) Jessica.larby@cognita.com	Ms Maddie (PSC) - HOY Madeleine.box@cognita.com
Ms Romay (PSD) Romay.barreto@cognita.com	Ms Vicky (PSE) Vicky.sloan@cognita.com	Ms Denise – Early Years Director Denise.grant@cognita.com

Important Information:

**PARENTS
REMEMBER TO WEAR YOUR
YELLOW LANYARD
ACCESS PASS**



**WEAR YOUR PASS
AT DROP OFF & PICK UP**

**SAFETY FIRST
HELP US IDENTIFY YOU!**

Important Information:

أولياء الأمور

تذكروا ارتداء شريط تصريح الدخول الأصفر الخاص بكم

شريط تصريح الدخول الأصفر



ارتدِ تصريحك عند
التوصيل والاستلام

السلامة أولاً!

Important Information:

- Gates will open promptly at **7.05am** (Monday - Friday).
- Please be reminded that **arriving on time** each morning is **vital** to your child's **learning**. Gates close and lessons start **promptly** at **7.40 am**.



- Pick up for Preschool is either **1.00pm** or **2.30pm** (Monday - Thursday)
- Pick up for Preschool is: **12pm** on a Friday.

Preschool learning:

Week beginning: Monday 19th January 2026

This week in Maths we will be exploring and comparing quantities using the language "more than" and "fewer than." We will go for a "More or Fewer" hunt on the playground to find pictures of items and sort them into two groups according to their quantity.

This week in literacy, we'll be continuing our work on the story maps for *The Bus Is for Us*, helping the children remember the sequence and language through pictures and actions. We'll also be exploring a range of engaging activities linked to the story, giving the children plenty of opportunities to retell the pattern, practise the vehicle actions, and build confidence in using story language during their play.

This week in phonics, we'll be beginning Alliteration, exploring how words can start with the same sound. The children will enjoy playful activities that help them listen for initial sounds, experiment with silly sound strings, and build confidence in recognising when words start the same.

This week in understanding the world, the children will be exploring the natural world through hands-on sensory activities, using their senses to investigate materials such as sand, leaves, stones and water. They will be developing curiosity, language and early understanding of the environment while learning how to care for and respect the world around them.

Expressive Arts and Design, and building on our Understanding the World work this week, we will be using our closed shapes to draw simple animals and natural objects from the environment. The children will explore how shapes can help them represent things they see around them, such as the sun, the earth, or animals like a camel or a mouse.

Preschool PE Days:

Monday and Friday

Upcoming events.



AAESS will be doing the 20 days of wellness challenge from Tuesday 6th January until Sunday 25th January. The challenge this year will be looking at diet, sleep and activity.

AAESS Values



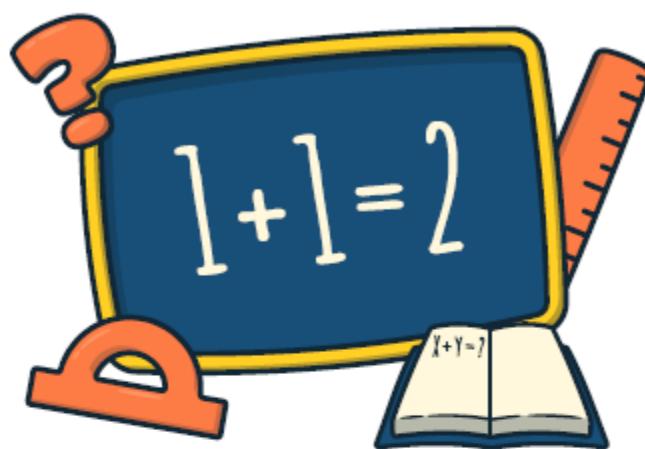
Our value focus this term is Care.

Our expectations are that students will:
Take care of themselves

- Take care of each other
- Take care of our school / our world
- Take care with their work

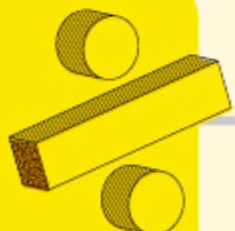
Early Years and Primary Maths Workshop

Parent
Workshop



**How can I support my child at
home with maths?**

Wednesday 21st January
2.00 – 2.30
Auditorium



**For Early Years, Key Stage 1, and Key
Stage 2**



Please register here

[Use this link](#)



20 Days of Wellbeing



AAESS Wellbeing 20 day Challenge

January 6th - 25th, 2026

EAT 3 DIFFERENT
VEGETABLES

GO FOR A 30
MINUTE WALK

TIDY YOUR
ROOM

NO SCREENS 1
HOUR BEFORE
BED

GO FOR A RUN
FOR AT LEAST
10 MINUTES

TRY A NEW
FOOD

DANCE TO
YOUR
FAVOURITE
SONG

WRITE DOWN 3
THINGS YOU
ARE GRATEFUL
FOR

DRINK OR MAKE
A SMOOTHIE

READ BEFORE
BED

EAT A HEALTHY
SNACK

USE POSITIVE
WORDS ALL
DAY

SHOW AN ACT
OF KINDNESS

HAVE A QUIET
30 MINUTES

EAT 3 FRUITS

NO
TECHNOLOGY
AN HOUR
BEFORE BED

EAT DINNER
WITH THE
FAMILY, NO
DEVICES

CHECK ON A
FRIEND

GO TO BED
EARLIER, TRY
TO GET 9
HOURS SLEEP

DO SOMETHING
THAT MAKES
YOU SMILE

PRIZES FOR THE BEST
PORTFOLIO AND
PHOTOS, HANDED IN
ON THE 26th JANUARY
TO YOUR CLASS
TEACHER / TUTOR

TAKE SOME
TIME EACH DAY
TO TAKE CARE
OF YOUR
WELLBEING!

Wellbeing Wednesday

Our Wellbeing Committee is pleased to introduce **Wellbeing Wednesday's**, an initiative for Term 2 focused on building kindness and care across our school community.

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.



Wellbeing Wednesday

Action:

**Invite someone who is alone at
break to join you**

WHY IT MATTERS:

Including others helps people feel welcomed and valued. A simple invitation can ease feelings of loneliness and remind us all that we belong within our school community.



Sports Day

AL AIN ENGLISH SPEAKING SCHOOL



EYFS SPORTS DAY

NURSERY - 8:30AM - 10AM

FS2 - 10:30AM - 12:15PM

**THURSDAY 29TH
JANUARY**



This week in pictures:

