



# Al Ain English Speaking School

## Year 1 Learning Pathway

### Week beginning: 12.01.26

Dear Parents,

It has been lovely to see all the children back in school after the winter break, listening to and sharing what everyone did during the vacation. Our new learning topics have started with interesting hooks to grab the children's interest and we look forward to the journey that our learning will take us on.

Our Term 2 values are Care and Resilience. We are currently embedding the value of care with our expectations that students will develop their understanding of how to take care of: themselves, each other, our school, and with their work.

#### Our Term 2 Values

Care Resilience



Please be reminded that our school uniform is designed to be weather appropriate. Therefore, with the present weather conditions (cooler mornings and hotter afternoon temperatures), students should be equipped for both warm and cold weather. If the children do not have a school jumper or sweater to wear, they should come to school, wearing a plain (preferably navy blue) jumper or cardigan. With the changing weather temperatures, it is also important that all items students are likely to take off during the day are clearly labelled with their name and class.

## Contacting Year 1 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

<b>Mrs Jordan (1A) - HOY</b> <a href="mailto:Lindsey.jordan@cognita.com">Lindsey.jordan@cognita.com</a>	<b>Ms Hannah - Mae (1B)</b> <a href="mailto:Hannah.holmes@cognita.com">Hannah.holmes@cognita.com</a>	<b>Mrs Jade (1C)</b> <a href="mailto:Jade.morrison@cognita.com">Jade.morrison@cognita.com</a>
<b>Ms Michelle (1D) - KS1 Assistant Principal</b> <a href="mailto:Michelle.taylor2@cognita.com">Michelle.taylor2@cognita.com</a>	<b>Ms Lyndsay (1E)</b> <a href="mailto:Lyndsay.telford@cognita.com">Lyndsay.telford@cognita.com</a>	<b>Ms Gill (1F)</b> <a href="mailto:Gillian.burger@cognita.com">Gillian.burger@cognita.com</a>
<b>Ms Suzaan (1G)</b> <a href="mailto:Suzaan.vreugdenburg@cognita.com">Suzaan.vreugdenburg@cognita.com</a>	<b>Ms Hannah (1H)</b> <a href="mailto:Hannah.gourley@cognita.com">Hannah.gourley@cognita.com</a>	<b>Mrs. Karbhari (1I)</b> <a href="mailto:Mariya.karbhari@cognita.com">Mariya.karbhari@cognita.com</a>

# Important Information:

- Gates will open promptly at **7.05am (Monday - Friday)**. Please be reminded that arriving on time each morning is vital to your child's learning. Gates close and lessons start promptly at **7:40 am**.
- *As part of our commitment to safety, our new swipe card entry system is in place to ensure that only staff and approved visitors are permitted on site during the school day. Thank you for respecting this and for your continued support in helping us maintain a safe environment for all.*
- Regular **pick-up time is 2:30 PM**. If your child is registered for an **ECA (Extra-Curricular Activity)**, pick-up will be at **3:20 PM**. Please note that if a child is not registered for an ECA and is not collected by **2:40 PM**, they will be taken to the **KS2 classroom for supervision**. In this case, you will need to wait at Security, and your child will be brought to you. Thank you for your understanding and cooperation in helping us ensure a smooth and safe end to the school day.

## Year 1 learning:

### Week beginning: Monday 12th January 2026

This week, we will continue with our Meerkat Mail text during our Talk 4 Writing lesson. We will revisit the text daily and add our own actions to it to help us remember the text. Then we will focus on our sentence structure particularly using capital letters and punctuation.

In maths, we will investigate numbers from 20 to 50 . We will start by looking at writing these numbers and understanding how many tens and ones make up each number. We will then use our knowledge of place value to order numbers to 50 and begin to understand how to use a number line.

In phonics, we will learn the digraphs ew (U-Hoo) as in new, ie (Yellow I) as in tie and ie (Green Froggy) as in field. We will identify, read and write words using these sounds, as well as challenging ourselves to write simple sentences.

In Science, we will recap our learning about animals and how to sort them into groups such as mammals, reptiles, birds, insects, fish and amphibians.

# Home Learning Links:

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

## Year 1 – Term 2 - Week 2 Learning Review

## Year 1 PE Days:

Class	Day	
1A, 1B, 1C, 1D, 1E & 1F	Monday	Wednesday
1G, 1H & 1I	Tuesday	Friday

Please contact Mr Tom Mucklin at [tom.mucklin@cognita.com](mailto:tom.mucklin@cognita.com) should you have any queries or questions regarding our PE provision.

## Upcoming events:

### School Trip

The children have the opportunity to visit zoo to support their learning about 'Living things and their habitat'. These will be held from the 19th to 22nd January 2026. You will receive a letter soon with more information.



AAESS will be doing the 20 days of wellness challenge from Tuesday 6th January until Sunday 25th January. The challenge this year will be looking at diet, sleep and activity.

### Week beginning 26th January

Primary Sports Day – more information regarding times and days for each year group will follow shortly.



# 20 Days of Wellbeing



## AAESS Wellbeing 20 day Challenge

January 6<sup>th</sup> - 25<sup>th</sup>, 2026

EAT 3 DIFFERENT  
VEGETABLES

GO FOR A 30  
MINUTE WALK

TIDY YOUR  
ROOM

NO SCREENS 1  
HOUR BEFORE  
BED

GO FOR A RUN  
FOR AT LEAST  
10 MINUTES

TRY A NEW  
FOOD

DANCE TO  
YOUR  
FAVOURITE  
SONG

WRITE DOWN 3  
THINGS YOU  
ARE GRATEFUL  
FOR

DRINK OR MAKE  
A SMOOTHIE

READ BEFORE  
BED

EAT A HEALTHY  
SNACK

USE POSITIVE  
WORDS ALL  
DAY

SHOW AN ACT  
OF KINDNESS

HAVE A QUIET  
30 MINUTES

EAT 3 FRUITS

NO  
TECHNOLOGY  
AN HOUR  
BEFORE BED

EAT DINNER  
WITH THE  
FAMILY, NO  
DEVICES

CHECK ON A  
FRIEND

GO TO BED  
EARLIER, TRY  
TO GET 9  
HOURS SLEEP

DO SOMETHING  
THAT MAKES  
YOU SMILE

PRIZES FOR THE BEST  
PORTFOLIO AND  
PHOTOS, HANDED IN  
ON THE 26<sup>th</sup> JANUARY  
TO YOUR CLASS  
TEACHER / TUTOR

TAKE SOME  
TIME EACH DAY  
TO TAKE CARE  
OF YOUR  
WELLBEING!

# Wellbeing Wednesday

Our Wellbeing Committee is pleased to introduce **Wellbeing Wednesday's**, an initiative for Term 2 focused on building kindness and care across our school community.

Each Wednesday, a short wellbeing prompt will be shared with staff and students, encouraging one small action and a brief reflection on why it matters. These moments are designed to remind us that small intentional actions can make a meaningful difference.



## Wellbeing Wednesday

Action:

**Greet everyone you pass today  
with a smile or a friendly hello**

### WHY IT MATTERS:

A simple smile or greeting can brighten someone's day, strengthen connection and often helps us feel more positive too.



# Arabic 1

هيا بنا نحو إطلاة سريعة على أعمالنا هذا الأسبوع ...مرحباً بكم طلابي الأحباء

سننعرف هذا الأسبوع على حرف الفاء

الدرس 1: حرف الفاء التعرف على

الدرس 2: التعرف على أشكال حرف الفاء

الدرس 3: على أصوات حرف الفاء القصيرة التعرف

الدرس 4: التعرف على أصوات حرف الفاء الطويلة

ورقة عمل 2 ورقة عمل 1 ورقة عمل: أوراق عمل حرف الفاء

مسابقة نجم القراءة

كل أسبوع لمدة خمس أسابيع متتالية لتصبح نجم القراءة وتحصل على شهادة التميز (قراءة كلمات بسيطة) (ارسل فيديو

[Mohiba.hnidi@cognita.com](mailto:Mohiba.hnidi@cognita.com)

Y1 A,G,F,H: المعلمة مهيبة

[Manal.azzam@cognita.com](mailto:Manal.azzam@cognita.com)

الملومنة منال B,G,I,E,H

المعلمة D\C

[Asmaa.alchraf@cognita.com](mailto:Asmaa.alchraf@cognita.com)

أسماء

# Arabic 2

Let's take a quick look at our work this week:

This week the students will learn about a new letter: (ف)

Lesson 1: first day.

Lesson 2: second day.

Lesson 3: Third day.

Lesson 4: Fourth day.

Activity

Dear Parents,

Warm greetings, On Friday, we will make an Elephant by using tools that are being recycled.

Ms. Missam Almohamad: [Missam.almohamad@cognita.com](mailto:Missam.almohamad@cognita.com)

# AAEES Values



Our value focus this term is Care.

Our expectations are that students will:

Take care of themselves

- Take care of each other

- Take care of our school / our world

- Take care with their work

# Islamic 1

السلام عليكم ورحمة الله وبركاته  
درس هذا الأسبوع هوسورة الفيل والرفق بالحيوان  
أهداف الدرس:

شرح المعنى الإجمالي للسورة  
يسنتج الطالب بعض الطرق للرفق بالحيوان.  
يميز الطالب السلوكيات الصحيحة والخاطئة في التعامل مع الحيوانات.

الرابط "ربيع القلوب" اعلان هام يسرنا أن نعلن عن استمرار التسجيل في مسابقة القرآن الكريم

- لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علمًا أنه باستطاعتكم مقابلة المعلمين كلّ يوم اثنين من الساعة 2:45 - 3:10 نُسعد بتواصلكم الدائم

[nour.lababidi@cognita.com](mailto:nour.lababidi@cognita.com)

المعلمة نور y1 B-G-C-H

[asmaa.alachraf@cognita.com](mailto:asmaa.alachraf@cognita.com)

المعلمة أسماء Y1 E-F-I-D-H

# Islamic 2

Dear students, As-salamu Alaikum.

Our lesson for this week is "**Kindness to animal**"

The students will be able to:

- Explain the concept of kindness to animals and its importance.
- List some ways to care for animals.
- Identify correct and incorrect behaviors in dealing with animals.

Task: Memorise Surat Al Feel.

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: [abir.turkman@cognita.com](mailto:abir.turkman@cognita.com)

# This week in pictures

