



Al Ain English Speaking School

Year 1 Learning Pathway

Week beginning: 5.01.26

Dear Parents,



Happy New Year! We are excited to welcome everyone back to school on **Monday 5th January** and hope that you and your family have all had a wonderful winter break. We are confident that the children will continue to make fantastic progress this year and look forward to working alongside you again this term.

Our programme of Enhanced Curriculum Provision (ECP) begins again this week. If your child attended an ECA in Term 1 then they will continue with this choice for term 2.

Please contact your child's class teacher should you have any questions.

Please try to arrive **promptly at either 2.30pm** to collect your son/daughter if they are not attending an activity **or promptly at 3.20pm** on the days when your child will stay in school to take part in their chosen activity.

Kindly note that the gates will close 20 minutes after opening.



Contacting Year 1 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Mrs Jordan (1A) - HOY Lindsey.jordan@cognita.com	Ms Hannah - Mae (1B) Hannah.holmes@cognita.com	Mrs Jade (1C) Jade.morrison@cognita.com
Ms Michelle (1D) - KS1 Assistant Principal Michelle.taylor2@cognita.com	Ms Lyndsay (1E) Lyndsay.telford@cognita.com	Ms Gill (1F) Gillian.burger@cognita.com
Ms Suzaan (1G) Suzaan.vreugdenburg@cognita.com	Ms Hannah (1H) Hannah.gourley@cognita.com	Mrs. Karbhari (1I) Mariya.karbhari@cognita.com

Important Information:

- Gates will open promptly at **7.05am (Monday - Friday)**. Please be reminded that arriving on time each morning is vital to your child's learning. Gates close and lessons start promptly at **7:40 am**.
- *As part of our commitment to safety, our new swipe card entry system is in place to ensure that only staff and approved visitors are permitted on site during the school day. Thank you for respecting this and for your continued support in helping us maintain a safe environment for all.*
- Regular **pick-up time is 2:30 PM**. If your child is registered for an **ECA (Extra-Curricular Activity)**, pick-up will be at **3:20 PM**. Please note that if a child is not registered for an ECA and is not collected by **2:40 PM**, they will be taken to the **KS2 classroom for supervision**. In this case, you will need to wait at Security, and your child will be brought to you. Thank you for your understanding and cooperation in helping us ensure a smooth and safe end to the school day.

Year 1 learning:

Week beginning: Monday 5th January 2026

This week, we will write a recount about our holiday. Then we will be introduced to our Meerkat Mail text during our Talk 4 Writing lesson. We will start with a visit from Sunny the meerkat and will look at some clues from his postcards to discuss the places he may visit.

In maths, we will revisit our place value topic and begin by recognising and writing numbers to 20. We will then learn about number bonds to 20 and link this to our previous number bond learning.

In phonics, we will learn the digraphs ue (oo) as in blue, ue (you) as in statue and ew (oo) as in grew . We will identify, read and write words using these sounds, as well as challenging ourselves to write simple sentences.

In Science, we will begin our topic about animals and will learn how to sort them into groups such as mammals, reptiles, birds, insects, fish and amphibians.

Home Learning Links:

Please feel free to use the resources shared in the link below to access and review the learning your child completed last week in school.

Year 1 - Week 14 Learning Review

Year 1 PE Days:

Class	Day	
1A, 1B, 1C, 1D, 1E & 1F	Monday	Wednesday
1G, 1H & 1I	Tuesday	Friday

Please contact Mr Tom Mucklin at tom.mucklin@cognita.com should you have any queries or questions regarding our PE provision.

Upcoming events:



School Trip

The children have the opportunity to visit zoo to support their learning about 'Living things and their habitat'. These will be held from the 19th to 22nd January 2026. You will receive a letter soon with more information.

Term 2 ECA

The Term 2 programme of Enhanced Curriculum Activities (ECAs) will continue as Term 1. Please see your child's class teacher if you would like any changes.

الحدائق الحيوانات بالعين
AL AIN ZOO



Well-being Workshop – Thursday 8th January at 2.00pm in the auditorium

AAESS will be doing the 20 days of wellness challenge from Tuesday 6th January until Sunday 25th January. The challenge this year will be looking at diet, sleep and activity.

20 Days of Wellbeing



AAESS Wellbeing 20 day Challenge

January 6th - 25th, 2026

EAT 3 DIFFERENT
VEGETABLES

GO FOR A 30
MINUTE WALK

TIDY YOUR
ROOM

NO SCREENS 1
HOUR BEFORE
BED

GO FOR A RUN
FOR AT LEAST
10 MINUTES

TRY A NEW
FOOD

DANCE TO
YOUR
FAVOURITE
SONG

WRITE DOWN 3
THINGS YOU
ARE GRATEFUL
FOR

DRINK OR MAKE
A SMOOTHIE

READ BEFORE
BED

EAT A HEALTHY
SNACK

USE POSITIVE
WORDS ALL
DAY

SHOW AN ACT
OF KINDNESS

HAVE A QUIET
30 MINUTES

EAT 3 FRUITS

NO
TECHNOLOGY
AN HOUR
BEFORE BED

EAT DINNER
WITH THE
FAMILY, NO
DEVICES

CHECK ON A
FRIEND

GO TO BED
EARLIER, TRY
TO GET 9
HOURS SLEEP

DO SOMETHING
THAT MAKES
YOU SMILE

PRIZES FOR THE BEST
PORTFOLIO AND
PHOTOS, HANDED IN
ON THE 26th JANUARY
TO YOUR CLASS
TEACHER / TUTOR

TAKE SOME
TIME EACH DAY
TO TAKE CARE
OF YOUR
WELLBEING!

Arabic 1

هيا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع ... مرحبًا بكم طلابي الأحباء

ستتعرف هذا الأسبوع على حرف العين

الدرس 1: حرف العين التعرف على

الدرس 2: التعرف على أشكال حرف العين

الدرس 3: على أصوات حرف العين القصيرة التعرف

الدرس 4: التعرف على أصوات حرف العين الطويلة

ورقة عمل 1: أوراق عمل حرف العين

ورقة عمل 2:

ورقة عمل 3:

مسابقة نجم القراءة

كل أسبوع لمدة خمس أسابيع متتالية لتصبح نجم القراءة وتحصل على شهادة التميز (قراءة كلمات بسيطة) (ارسل فيديو

Mohiba.hnidi@cognita.com

Y1 A,G,F,H المعلمة مهيبة

Manal.azzam@cognita.com

B,G,I,E,H المعلمة منال

D\C المعلمة

Asmaa.alchraf@cognita.com

أسماء

Arabic 2

Hello my dear students, I'm happy to see you back after the winter break! I missed you all so much.. so, Let's start a new term full of fun and learning .. Welcome back.

Let's take a quick look at our work this week:

This week the students will learn about a new letter: (ع)

Lesson 1: first day.

Lesson 2: second day.

Lesson 3: Third day.

Lesson 4: Fourth day.

Activity

The letters of the Arabic language

Dear Parents,

Warm greetings, On Friday, we will make **Grapes** by using tools that are being recycled.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

AAEES Values

Our value focus this term is Care.

Our expectations are that students will:

Take care of themselves

- Take care of each other
- Take care of our school / our world
- Take care with their work



Islamic 1

السلام عليكم ورحمة الله وبركاته، نعود إليكم ببدايةٍ مُشرقةٍ، وعامٍ جديدٍ يحملُ لنا الفرحة والتقدم، فلنبدأ معًا جولةً سريعةً نتعرّف فيها على إنجازاتنا خلال هذا الأسبوع.

درس هذا الأسبوع هو سورة الفيل

أهداف الدرس:

- قراءة السورة قراءة صحيحة.
- شرح المعنى الإجمالي للسورة

- لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علمًا أنه باستطاعتكم مقابلة المعلمين كل يوم اثنين من الساعة 2:45 - 3:10 نسعد بتواصلكم الدائم

nour.lababidi@cognita.com

المعلمة نور y1 B-G-C-H

asmaa.alachraf@cognita.com

المعلمة أسماء Y1 E-F-I-D-H

Islamic 2

Dear students, As-salamu Alaikum.

A new term begins, filled with fresh opportunities and bright ideas. Together, we will learn, grow, and create moments of success and inspiration.

Let's take a quick look at our work for this week.

Our lesson for this week is: " Surat Al-Feel"

The students will be able to:

*Recite Surat Al -Feel correctly.

*Explain the overall meaning of the surah.

[The link of the lesson.](#)

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: abir.turkman@cognita.com

This week in pictures



This week in pictures - Winter Concert

