



Al Ain English Speaking School

FS2 Learning Pathway

Week beginning: 5.01.26

Dear Parents,



Happy New Year! We are excited to welcome everyone back to school on **Monday 5th January** and hope that you and your family have all had a wonderful winter break. We are confident that the children will continue to make fantastic progress this year and look forward to working alongside you again this term.

AAESS will be having the 20 days of wellness challenge from Tuesday 6th January until Sunday 25th January. The challenge this year will be looking at diet, sleep and activity. There is a

Well-being Workshop scheduled for **Thursday 8th January at 2.00pm in the auditorium.**



To support our junk modelling activities, please can you send in cardboard tubes, boxes and any other recyclable materials you may have at home.

Contacting FS2 Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Lama (FS2A) Lama.albakri@cognita.com	Ms Lydia (FS2B) Lydia.williams@cognita.com	Ms Yolanda (FS2C) Yolanda.seale@cognita.com
Ms Jasmine (FS2D) Jasmine.springette@cognita.com	Ms Roxy (FS2E) Roxanne.burger@cognita.com	Ms Bronwin (FS2F) Bronwin.worm@cognita.com
Ms Ashi (FS2G) Afsheen.sikander@cognita.com	Ms Nicolette (FS2H) Nicolette.beetge@cognita.com	Ms Denise – Early Years Director Denise.grant@cognita.com

Important Information:

- **Gates will open promptly at 7.05am (Monday - Friday).** Please be reminded that arriving on time each morning is vital to your child's learning. Gates close and lessons start promptly at 7.40 am.
- **As part of our commitment to safety, our new swipe card entry system is in place to ensure that only staff and approved visitors are permitted on site during the school day.** Thank you for respecting this and for your continued support in helping us maintain a safe environment for all.
- **Regular pick-up time is 2:30 PM.** If your child is registered for an ECA (Extra-Curricular Activity), pick-up will be at 3:20 PM. Please note that if a child is not registered for an ECA and is not collected by 2:40 PM, they will be taken to the library for supervision. In this case, you will need to wait at Security, and your child will be brought to you. Thank you for your understanding and cooperation in helping us ensure a smooth and safe end to the school day.

FS2 learning:

Week beginning: Monday 5th January 2026

After a long winter break, in PSED we will be focusing on settling back into school routines and identifying and managing our feelings, both socially and emotionally.

In Communication and Language, we will be holding conversations about what we did over the winter break. Children will use previously learned and newly introduced vocabulary in their play and throughout the day in a range of different contexts. This term, we will also be introducing Makaton signs linked to transport as we launch our "Off We Go!" topic.

In Phonics and Literacy, we will be reviewing what we remember from before the winter break by recapping all of the sounds learned so far and applying our phonics knowledge in a writing challenge.

In Maths, we will be comparing length and weight, introducing the language of longer, taller, shorter, as well as heavier and lighter.

In Understanding the World, we will begin learning about different kinds of maps and the information we can gain from them.

In keeping with our topic, in Expressive Arts and Design, we will be creating a bus for our role-play area.

FS2 PE Days:

Tuesday and Wednesday Home Learning Links

[Winter Break Home Learning.pdf](#)

Upcoming events:



Term 2 will commence on **Monday 5th January 2026**.

**Well-being Workshop – Thursday
8th January at 2.00pm in the
auditorium**



AAESS will be doing the 20 days of wellness challenge from Tuesday 6th January until Sunday 25th January. The challenge this year will be looking at diet, sleep and activity.

20 Days of Wellbeing



AAESS Wellbeing 20 day Challenge

January 6th - 25th, 2026

EAT 3 DIFFERENT
VEGETABLES

GO FOR A 30
MINUTE WALK

TIDY YOUR
ROOM

NO SCREENS 1
HOUR BEFORE
BED

GO FOR A RUN
FOR AT LEAST
10 MINUTES

TRY A NEW
FOOD

DANCE TO
YOUR
FAVOURITE
SONG

WRITE DOWN 3
THINGS YOU
ARE GRATEFUL
FOR

DRINK OR MAKE
A SMOOTHIE

READ BEFORE
BED

EAT A HEALTHY
SNACK

USE POSITIVE
WORDS ALL
DAY

SHOW AN ACT
OF KINDNESS

HAVE A QUIET
30 MINUTES

EAT 3 FRUITS

NO
TECHNOLOGY
AN HOUR
BEFORE BED

EAT DINNER
WITH THE
FAMILY, NO
DEVICES

CHECK ON A
FRIEND

GO TO BED
EARLIER, TRY
TO GET 9
HOURS SLEEP

DO SOMETHING
THAT MAKES
YOU SMILE

PRIZES FOR THE BEST
PORTFOLIO AND
PHOTOS, HANDED IN
ON THE 26th JANUARY
TO YOUR CLASS
TEACHER / TUTOR

TAKE SOME
TIME EACH DAY
TO TAKE CARE
OF YOUR
WELLBEING!

Arabic 1

مرحباً بكم طلابي الأحباء... عوداً حميّداً وعاماً سعيّداً مُكَلّاً بالنجاحات وتحقيق الأمنيات..... هيّا بنا نحو إطلالة سريعة على أعمالنا هذا الأسبوع

ستتعرف على حرف العين
(اليوم الأول) اليوم الأول التّعريف على الحَرْف
(اليوم الثاني) اليوم الثاني أشكال الحَرْف
(اليوم الثالث) اليوم الثالث أصوات الحَرْف القصيرة
(اليوم الرابع) اليوم الرابع أصوات الحَرْف الطويلة
ولمزيد من الأنشطة يُمكّنكم استخدام الأنشطة

ستُتابع مع مسابقة نجم القراءة

كل أسبوع لمدة خمس أسابيع متتالية (قراءة الحروف مع الأصوات القصيرة والطويلة) ارسل فيديو
لتُصبح نجم القراءة وتحصل على شهادة التميّز

لا ترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علماً أنّه باستطاعتكم مقابلة المعلمين كلّ يوم اثنين من الساعة 3:10 - 2:45 نسعد ب التواصل الدائم

Mohiba.hnidi@cognita.com
asmaa.alachraf@cognita.com

Manal.azzam@cognita.com

Arabic 2

Hello my dear students, I'm happy to see you back after the winter break! I missed you all so much.. so, Let's start a new term full of fun and learning .. Welcome back.

Let's take a quick look at our work this week:

This week the students will learn about a new letter: (ع)

Lesson 1: first day.

Lesson 2: second day.

Lesson 3: Third day.

Lesson 4: Fourth day.

Activity

The letters of the Arabic language

Dear Parents,

Warm greetings, On Friday, we will make **Grapes** by using tools that are being recycled.

Ms. Missam Almohamad: Missam.almohamad@cognita.com

Islamic 1

السلام عليكم ورحمة الله وبركاته، نعود إليكم ببدايةٍ مشرقةٍ، وعامٍ جديٍ يحمل لنا الفرح والتقدّم، فلنبدأ معاً جولةً سريعةً نتعرّف فيها على إنجازاتنا خلال هذا الأسبوع.

سورة الفاتحة: درس هذا الأسبوع

- قراءة سورة الفاتحة قراءة صحيحة
- شرح المعنى العام لسورة الفاتحة

- لا تترددوا في التواصل معنا على البريد الإلكتروني المدرج أدناه، كما نحيطكم علمًا أنه باستطاعتكم مقابلة المعلمين كل يوم اثنين من الساعة 2:45 - 3:10 نسعد ب التواصل الدائم

المعلمة أسماء asmaa.alachraf@cognita.com - المعلمة منال manal.azzam@cognita.com

المعلمة ميسى missam.almohamad@cognita.com

Islamic 2

Dear students, As-salamu Alaikum.

A new term begins, filled with fresh opportunities and bright ideas. Together, we will learn, grow, and create moments of success and inspiration.

Let's take a quick look at our work for this week.

Our lesson for this week is: " Surat Al- Fatiha"

The students will be able to:

*Recite Surat Al Fatiha correctly.

*Explain the overall meaning of the surah.

[The link of the lesson.](#)

For any questions, please do not hesitate to email me.

Ms. Abir Turkman: abir.turkman@cognita.com

AAEES Values

Our value focus this term is Care.

Our expectations are that students will:

Take care of themselves

- Take care of each other
- Take care of our school / our world
- Take care with their work



This week in pictures:

