



Al Ain English Speaking School

Preschool Learning Pathway

Week beginning: 22.9.25

Dear Parents,

On Friday 26th September, we will be joining the other Cognita schools around the world to celebrate Global Be Well Day. Global Be Well Day is a special opportunity for everyone in the Cognita community to focus on the importance of wellbeing as individuals, schools and a global family. Because physical and mental health are essential for a bright future.

This year's theme is 'Connection'. Connection to ourselves, connection to others and connection to nature. Throughout the week, the children will have the opportunity to connect with other children in other year groups across the school in fun ways. As well as this, we would like to encourage families to find ways of connecting as a family, with friends, and with nature.



Contacting Preschool Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Lynda (PSA) - HOY Lynda.mines@cognita.com	Ms Jess (PSB) Jessica.larby@cognita.com	Ms Maddie (PSC) Madeleine.box@cognita.com
Ms Romay (PSD) Romay.barretto@cognita.com	Ms Vicky (PSE) Vicky.sloan@cognita.com	Ms Denise – Early Years Director Denise.grant@cognita.com

Important Information:

- Gates will open promptly at **7.05am** (Monday - Friday).
- Please be reminded that **arriving on time** each morning is **vital** to
- your child's **learning**. Gates close and lessons start **promptly at 7.40 am**.



- Pick up for Preschool is either **1.00pm** or **2.30pm** (Monday - Thursday)
- Pick up for Preschool is: **12pm** on a Friday.

Preschool learning:

Week beginning: Monday 22nd September 2025

This week in Expressive Arts and Design we will explore the magical world of symbolic play, where everyday objects transform into tools for imagination and storytelling. Where an empty box can become a car, a banana changes into a phone, a round disk becomes a steering wheel, an empty toilet roll turns into a telescope or a trumpet and much more. We will incorporate natural objects (sticks, stones, leaves, shells) into our play, encouraging each other to see the world around us is full of possibilities. We will create our own sound effects to add to our stories and ideas to build creativity, language and social skills.

This week in Math we will be exploring numbers to five by reciting, counting, and recognising numerals. We will use songs like Five Little Monkeys with finger puppets and props to make counting fun and engaging. We will play silly finger games such as "high 1" up to "high 5" with friends to practice showing numbers. We will also explore five frames, using objects and cubes to count together and match numbers with fingers and numerals.

This week in Literacy we will be learning new vocabulary through stories and extended conversations. We will read "Germs Are Not for Sharing" and talk about new words such as germs, sneeze, cough, share, and clean. We will explore how germs spread by using glitter to show how they move from one person to another. We will finish by learning together that "Germs are not for sharing!" and practice keeping our hands clean.

This week Drawing Club will link with our Literacy story "Germs Are Not for Sharing" and we will be using our very own creative styles to draw or paint our very own germs.

This week in Phonics we will begin our first Aspect: Environmental sounds. This is where we will begin learning to develop our listening skills and our awareness of the sounds all around us, inside and outside.

This week in Understanding the World we will begin our first short topic, people who help us, learning about different occupations, with a focus on police officers. We will talk about how police help people, what they wear, and how they keep us safe. We will enjoy a song about police officers and even march along like them. We will also take part in role play at a police station and make our own police badges to explore this important job.

Things to remember: Please send in boxes and empty toilet rolls to support your child's journey through creativity and discovery. We can't wait to see where their imaginations take them.

This week in pictures:



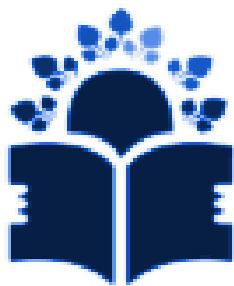
Monday and Friday

Upcoming events:



Global
Be Well
Day COGNITA

We will once again this year be recognising the Cognita Global Be Well Day with our students on Friday 26th September.



Book Fair

We are delighted to announce that Bookworm Book Fair will be at Al Ain English Speaking School from Monday 6th October to Friday 10th October.

AAESS Values

Respect



Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others