



Primary Newsletter

T2 Week 6 & 7

February 2024

KS2 Sports Day

On Monday 5th February, KS2 took part in our annual Sports Day event. It was a great day organised by our fantastic PE team and the students displayed determination, perseverance, teamwork and individual skill as they took part in the different sporting challenges. Thank you to all the parents who came along to support their children. We now look forward to the KS1 and EYFS sports days which are scheduled to take place after the mid-term break.



Mid-Term Break

Mid Term
Break

Please be reminded that this term's **Mid-Term Break** will begin at **12pm** on **Friday 16th February**. School will resume after the break on **Monday 26th February**.



@SCHOOLAAESS



News from

Learning Support

Fit Fun Friday

What a great day for some of our students and their families as they practised some of their skills for their Sports Days. Thanks must go to the intervention team and PE department for organising this wonderful morning.



Supporting

Student Wellbeing

Children's Mental Health Week

What is Children's Mental Health?

Being mentally healthy during childhood means reaching developmental and emotional milestones and learning healthy social skills and how to cope when there are problems. Mentally healthy children have a positive quality of life and can function well at home, in school, and in their communities.

Mental health disorders among children are described as serious changes in the way children typically learn, behave, or handle their emotions, which cause distress and problems getting through the day.



My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

Supporting children with their Mental health and wellbeing

One of the most important ways parents can help is by listening to their children and taking their feelings seriously. They may want a hug; they may want you to help them change something or they may want practical help.

If your child is having problems at school, their teacher or the school counselor may be able to help. Otherwise, you may go to your doctor who can refer a child for further help if necessary.

Some ways to start a conversation with your child about mental health could be...

- What was the best thing about today?
- What is the biggest worry you have right now?
- Is there anything you wish had gone differently today?
- What can I do to help you?

Photos from Preschool

Preschool children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



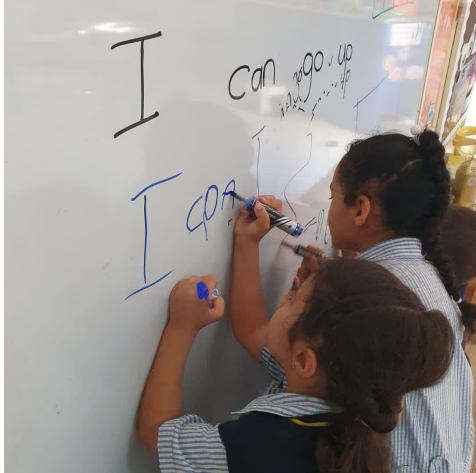
Photos from Preschool

Preschool love spending time outside in the cooler weather and have loved all the activities which have helped them to investigate colour.



Photos from ES2

ES2 children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



Photos from ES2

FS2 have had great fun this week baking in the kitchens and preparing for their Sports day.



Photos from Year 1

Year 1 children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



Photos from Year 1

Another busy and productive week of learning in Year 1. We are very proud of their progress and achievements.



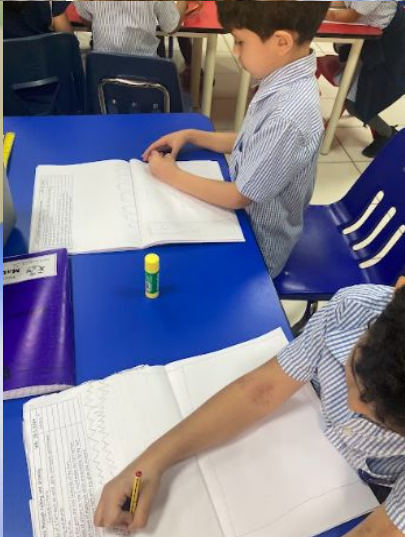
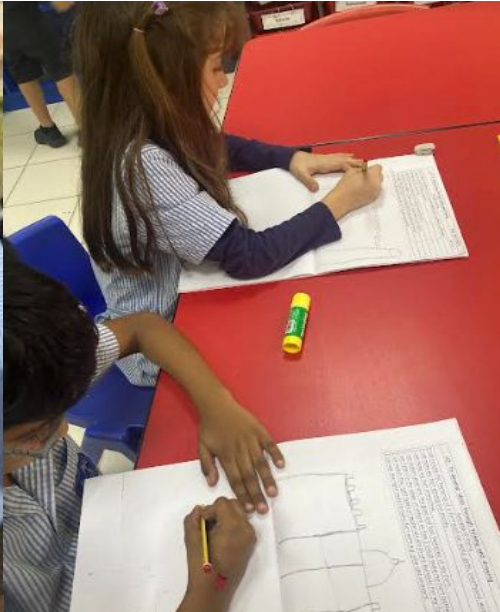
Photos from Year 2

Year 2 children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



Photos from Year 2

Year 2 have been excited to see how much their plants have grown and have really enjoyed the practical element of their science learning.



Photos from Year 3

Year 3 children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



Photos from Year 3

Year 3 wellness activities this week included playing board games with prompts to promote conversation and pizza making!



Photos from Year 4

Year 4 children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



Active participants
Resourceful growers
Dependable

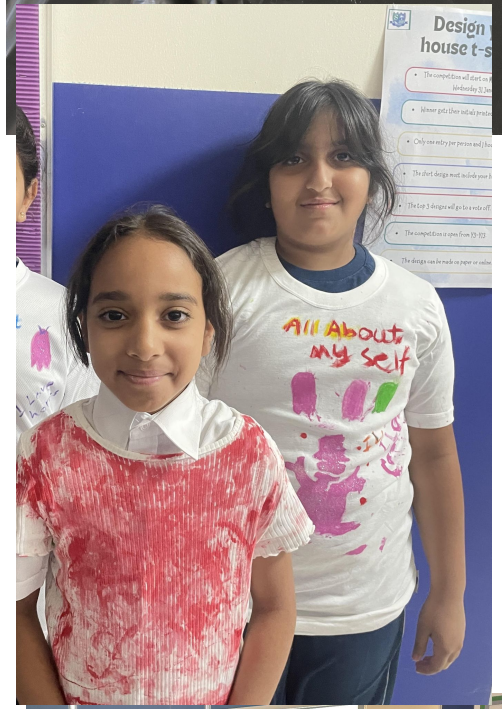
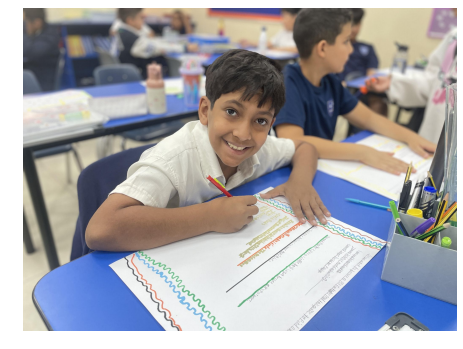
Photos from Year 4

Year 4 children had a great time taking part in all the different sporting activities and challenges during their Sports Day.



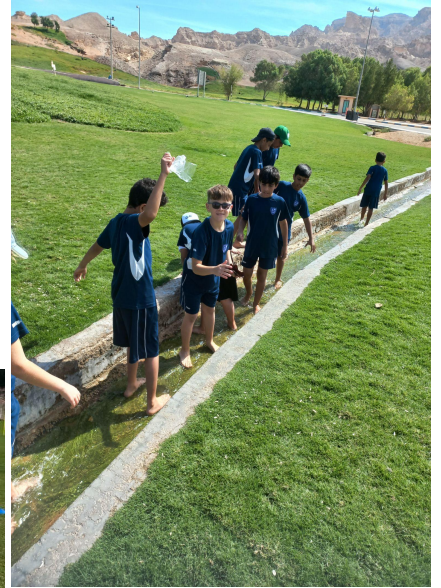
Photos from Year 5

Year 5 children really enjoyed designing and creating their 'Inspire your heart with Art' products this week.



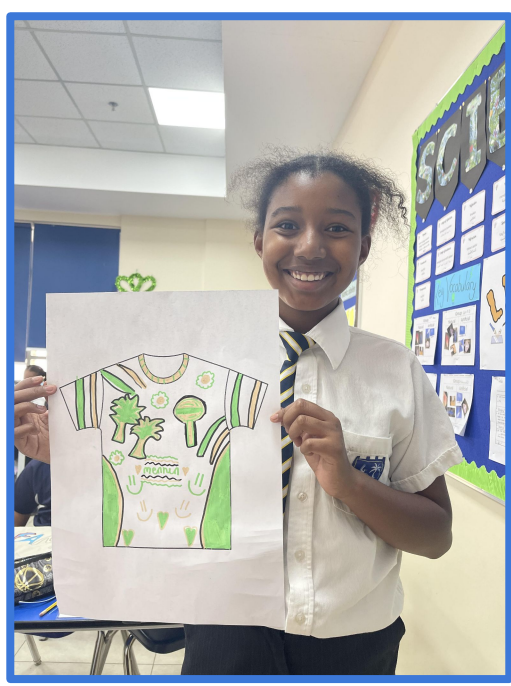
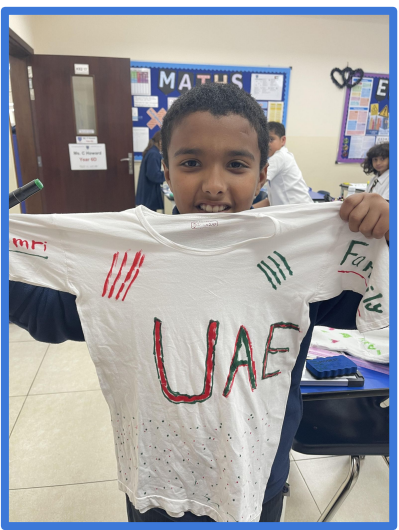
Photos from Year 5

Year 5 have loved being outdoors! They enjoyed their time at AESGC taking part in the sporting challenges and had a great time exploring during their Jebel Hafeet trip.



Photos from Year 6

Year 6 classes participated in a 'Inspire your Heart with Art' activity where they had to think of what is important to them to create a wonderful design.



Photos from Year 6

Year 6 had a fantastic time taking part in all the different individual challenges and team activities during sports day.

