



Primary Newsletter

T2 Week 4

January 2024

Sporting Events

On Thursday 18th January, AAESS hosted an inter-schools sporting event after school against BCA and AABA. It was lovely to see our sporting venues filled and so many of our KS2 children showing great team spirit. Special thanks must go to our fantastic PE team for organising the event and to the children for their exemplary attitude and behaviour during the matches.



Parent Workshops

Please find below a link to the wide range of Parent Workshops scheduled to take place this term:

[AAESS Term 2 Primary Parent Workshops](#)

Celebrating Student Talents



We are very proud of Raghad, one of our Y6 students, who was invited to play the piano at the prestigious Al Hosn Festival in Abu Dhabi last weekend.

We also extend our congratulations to Omer, in Year 1, on receiving excellent results in his first piano exam.

News from

Learning Support

Cognitive Disengagement Syndrome

Cognitive disengagement syndrome (CDS) is a set of symptoms defined by excessive mind-wandering, confusion, and slowed behaviours. Up to 40% of children with ADHD exhibit symptoms of CDS.



Strategies

CBT (Cognitive Behavioral Therapy) can help the displayed symptoms and behaviors associated with CDS and can also help reduce anxiety

Exercise and movement incorporated into a daily routine

Healthy diet and sleep habits can help with lethargy and concentration.

Life Skills Centre

Our younger students are thoroughly enjoying their visits to the Life Skills Centre. The different areas within the centre provide practical and engaging environments for them to develop their personal, social and communication skills.



Photos from ES2

ES2 have used lots of different resources to help support with their measuring tasks.



Photos from Year 1

Year 1 have had a great week investigating, exploring, creating and making.



Photos from Year 2

Year 2 have enjoyed their visits to the Grow Zone and putting their science learning into practice.



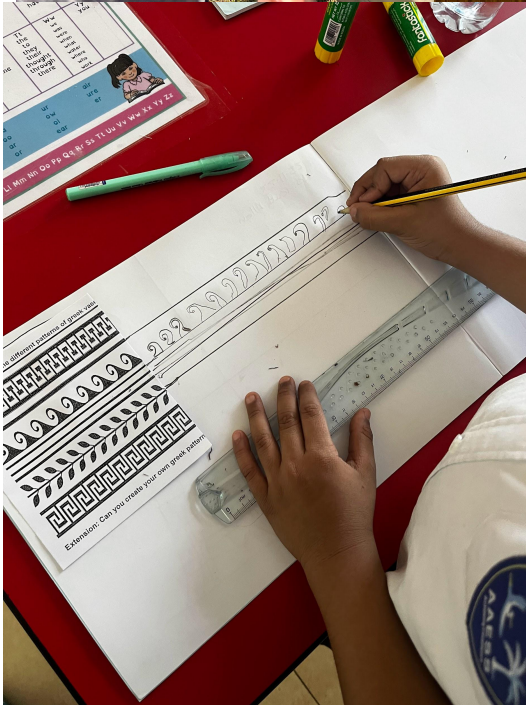
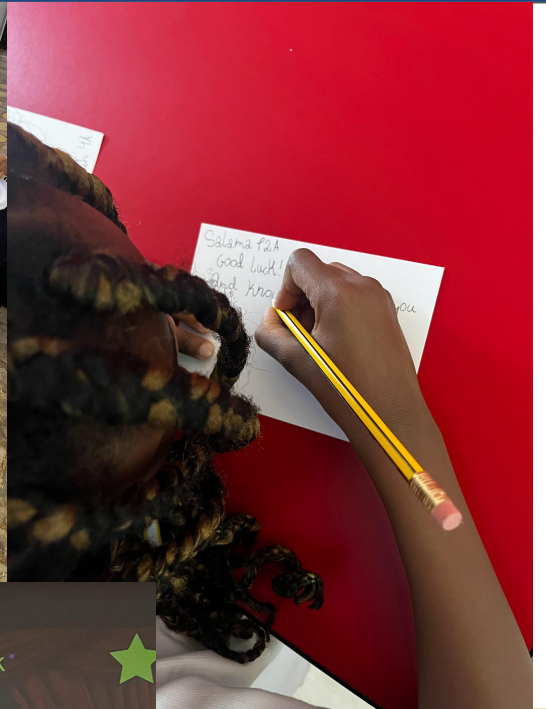
Photos from Year 3

Baking, creating and caring have been the key learning skills in Year 3 this week.



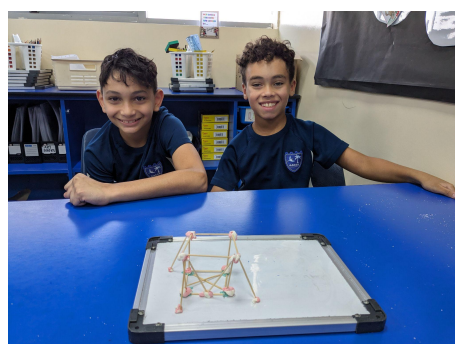
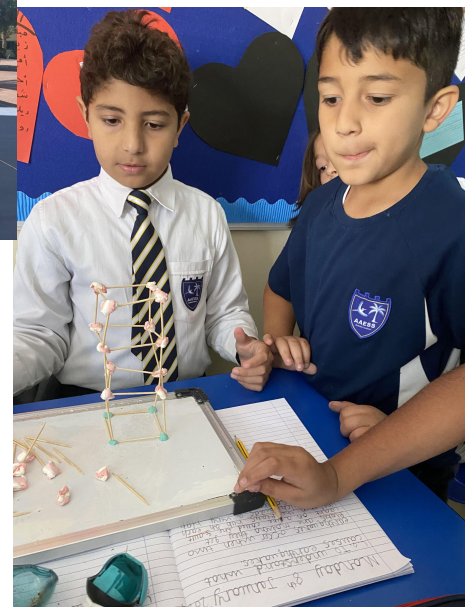
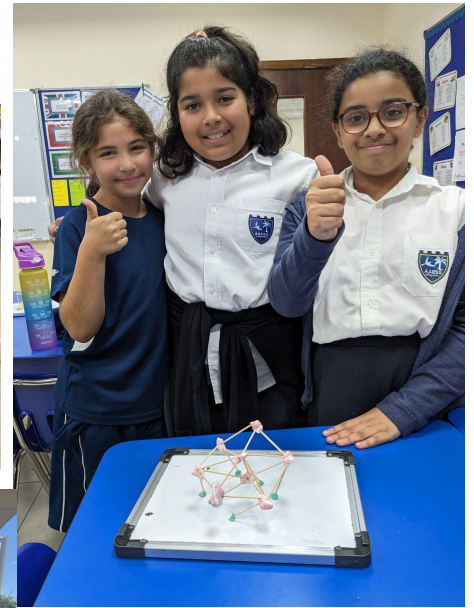
Photos from Year 4

Year 4 have enjoyed their time out of the classroom nurturing and taking care of the plants growing in the school garden.



Photos from Year 5

Our Year 5 students have used the skills of teamwork and collaboration to deepen their understanding of shape and measurements.



Photos from Year 6

We're very proud of the mature approach Year 6 take to their learning when working either independently or collaboratively.

