



# Primary Newsletter

T2 Week 3

January 2024

## Student Enterprise Gift



Preschool very gratefully received a donation from some of our Year 6 enterprise students to support them with their garden project.



## Inspired by Nature Club

The children attending the Grow Zone area are not only enjoying being outside and finding more about the animals and plants, but challenging themselves and overcoming fears. They have also taken inspiration from their sessions to create some great insect artwork.



News from

# Learning Support

## Pathological Demand Avoidance

All children will avoid doing things they're asked to do from time to time. But some go to extremes to ignore or resist anything they perceive as a demand. That pattern of behaviour is called pathological demand avoidance, or PDA. It's called pathological when the avoidance is extreme and interferes with functioning at home or at school. Avoidance can take many forms, including making excuses, creating distractions, intense focus on something else, withdrawing, escaping, or having a meltdown or anxiety attack. Most children with PDA may also have co-occurring neurodiversity needs like ASD.

### Strategies for PDA Pathological Demand Avoidance

- \* Be flexible
- \* Build relationships
- \* Plan ahead
- \* Offer choices
- \* Choose words carefully
- \* Use humour
- \* Remain calm
- \* Reduce demands

## Strategies to help:

- Be flexible and use different strategies for each child as all children are different
- Build trust and positive relationships as these are crucial for progress and development
- Plan ahead with routines etc. but remain flexible and adaptable!
- Offer two, or three choices of activities rather than just now, or this etc.
- Think about the language you use e.g.. don't use direct demands and think about phrasing things as a challenge, or game such as 'I bet you can't finish that before I do' etc.
- Use humour where possible and remain calm as children can pick up on your own anxiety, or emotions

# Photos from Preschool

Lots of different learning opportunities in Preschool including some great experimenting and decision making.



# Photos from ES2

FS2 were very excited to check in and head off on their flight to a mystery destination.



# Photos from Year 1

So many different learning experiences in Y1 this week; writers, mathematicians, scientists and most importantly they have continued to develop their friendship skills.



# Photos from Year 2

Year 2 were keen to share their Expo projects and have been very creative thinking of different actions for their new model text.



# Photos from Year 3

Year 3 enjoyed taking their learning outside as they have discovered more about what life was like during the Stone Age.



# Photos from Year 4

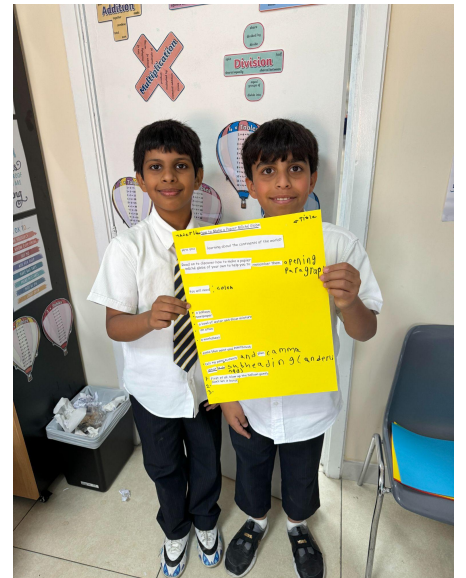
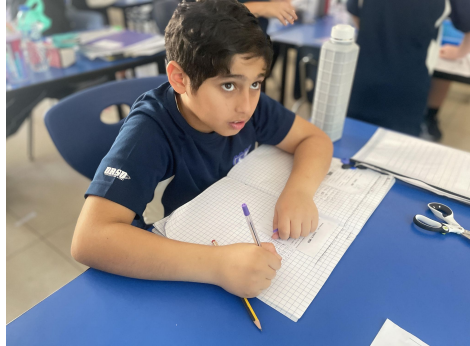
Year 4 have been developing their personal skills through partnerships, teamwork and collaboration.





# Photos from Year 5

Year 5 survival skills were tested as they tried to work together and put up their tents!



# Photos from Year 6

Primary Parliament had a great experience on their overnight camping trip. Fantastic team work and collaboration skills.

## PRIMARY PARLIAMENT CAMP 2024

