



Primary Newsletter

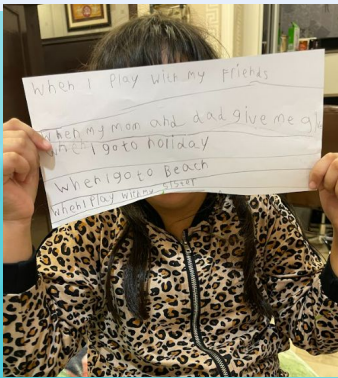
T1 Week 4

September 2023

20 Day Well-Being

Thank you so much for sharing some of the photos of your children and families taking part in our **20 day Well-being Challenge**.

If you have taken part in an activity or challenge we would love to hear from you. KS2 students can upload photos to their Google Classrooms and all photos can be shared via email to class teachers.



It is impossible to get the home-school communication balance right to suit everyone. However, the use of email is our main form of communication with parents. All letters, newsletters, forms etc are sent by email as we try to reduce paper usage as much as possible. It is therefore crucial that the registration department and class teachers have the correct email address for you.



All class teachers have a school email address for contact. The learning pathways are published each week on the school website and provide links to their email addresses.

When contacting staff please remember they have family time outside of school too. Staff are expected to read emails daily (Sunday - Thursday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.20pm) so will not be able to respond straight away.

News from Learning Support



Our main focus for 2023-2024 is inclusion.

<p>REALITY</p>	<p>EQUALITY</p>	<p>EQUITY</p>	<p>JUSTICE</p>	<p>INCLUSION</p>
<p>One gets more than is needed, while the other gets less than is needed. Thus, a huge disparity is created.</p>	<p>The assumption is that everyone benefits from the same supports. This is considered to be equal treatment.</p>	<p>Everyone gets the support they need, which produces equity.</p>	<p>All 3 can see the game without supports or accommodations because the cause(s) of the inequity was addressed. The systemic barrier has been removed.</p>	<p>Everyone is INCLUDED in the game. No one is left on the outside; we <u>didn't</u> only remove the barriers keeping people out, we made sure they were valued & involved.</p>



Supporting Well-being

AAESS is currently running a **Well-being Challenge** until **Friday 30th September**. During this time, we challenge students and their families to take some time each day to put themselves first and take care of their well-being. In school, we will be talking about the different challenges and how to ensure we take good care of ourselves. We look forward to the children sharing some of their experiences in completing the challenges outlined on the next page.

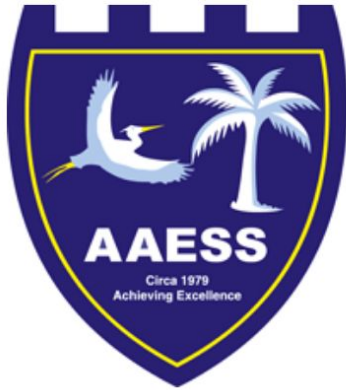


[AAESS Counselling Service](#)

Supporting

Well-being

Continued



20 DAY

AAESS Wellbeing Challenge Sep 11th-Sep 30th

Start reading a new book

Listen to your favourite song

Write down 5 things that make you happy

Do something creative

Go for a walk

Watch your favourite show

Clean a room in your house

Bake a yummy treat

Make a list of things that you like about yourself

Go to bed 30 minutes earlier

Play a board game with someone

Exercise for 30 minutes.

Complete mindful colouring

Engage in some mindful breathing

Give someone a compliment

No technology an hour before bed

Make homemade food

Meet up with a friend

Write down things you are grateful for

Try and learn a new skill

Send some pictures to your teacher

Take some time each day to take care of your wellbeing.

Photos from Preschool

Such a fun and creative week in Preschool. The children have thoroughly enjoyed, creating, making, building and playing.



Photos from ES2

FS2 have had some fantastic learning experiences this week where they have enjoyed exploring, creating, investigating and learning together.



Photos from Year 1

Our Year 1 students have really thrived in their learning environments this week and have impressed us with their level of independence. They're also loving their Nature Club sessions in the sustainability garden.



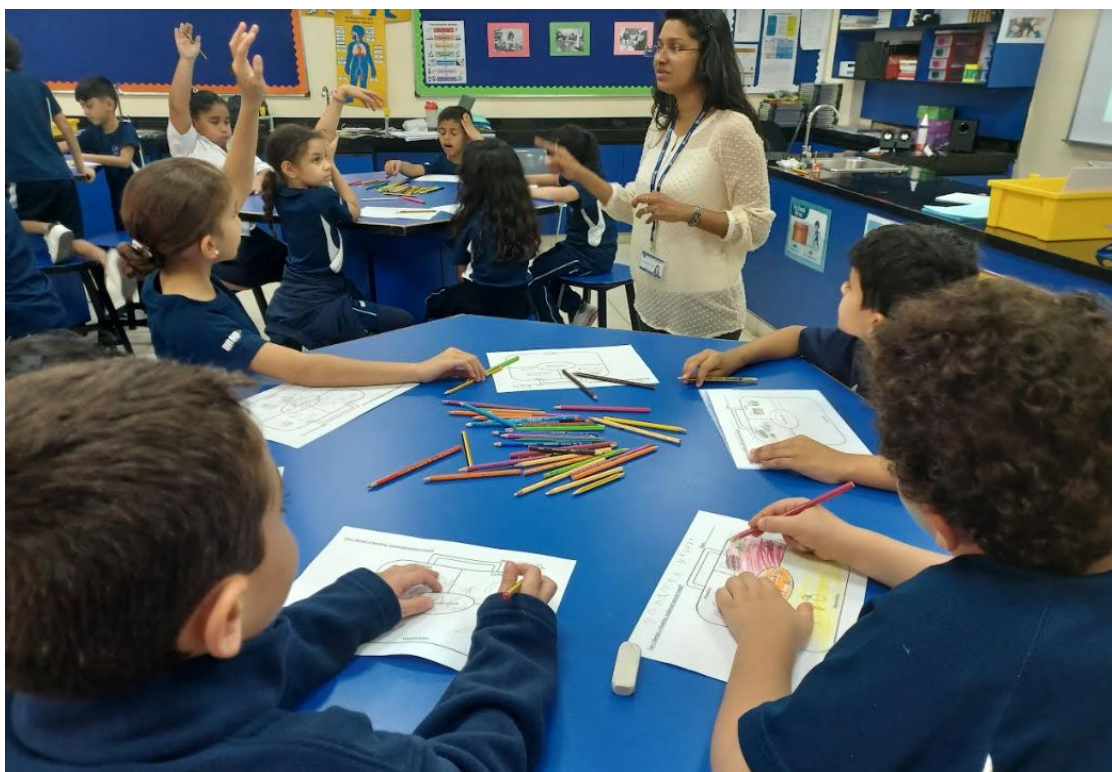
Photos from Year 2

Year 2 have enthusiastically started their new topic, 'we could be heroes' and have been collaborating together to further their understanding of number and place value.



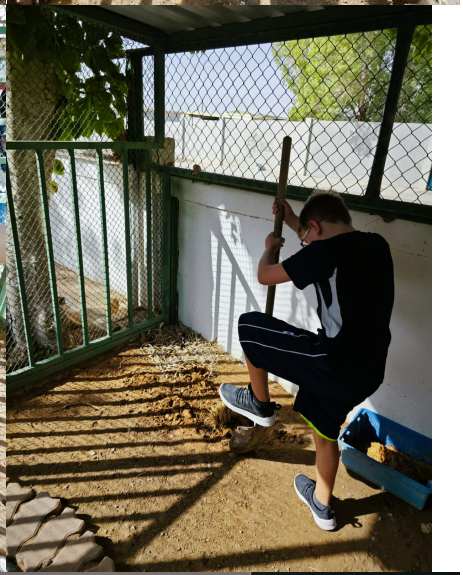
Photos from Year 3

Year 3 have enjoyed their time in the science labs this week, developing their knowledge and understanding of the different food groups.



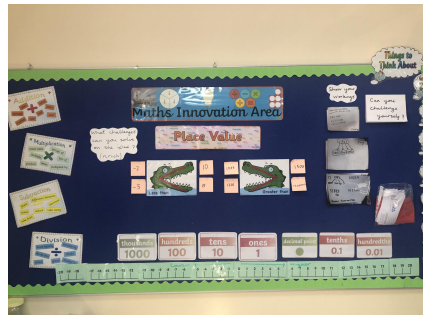
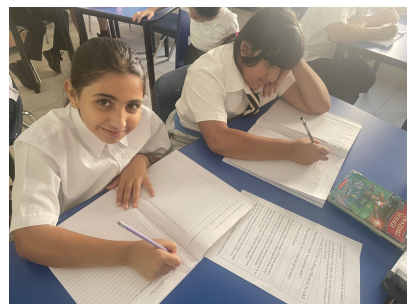
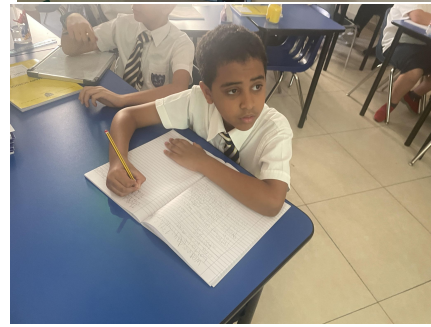
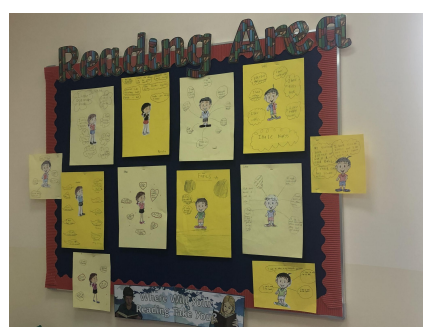
Photos from Year 4

Looking after the environment and questioning how to best look after the planet has been the main focus in year 4 as they launched their 'Al Ain Defenders' topic.



Photos from Year 5

Another great week of learning in Year 5 including visits to the Sustainability garden, a bit of drama in English and some valuable place value skills in maths.



Photos from Year 6

Year 6 have enjoyed using the place value counters this week to identify numbers up to 10 000 000.

