



Al Ain English Speaking School

Preschool Learning Pathway

Week beginning: 23.9.24

Dear Parents,

As you know, we are currently running our **20 day Wellbeing initiative**, where we are challenging the children and ourselves to take some time each day to take care our wellbeing.

We would love you to send us some photos and/or videos of your children and your family taking part in some of the activities so we can share them!

Please be reminded that if your child is **unwell and has a temperature/fever of 38°C and above**, (Department of Health Directive) they should **stay at home** until they are symptom free and without medication for a minimum of 24 hours. Contact your doctor if you have any concerns with fever-like illnesses. Nurses are happy to provide guidance, please email schoolnurse@aaess.sch.ae.



With numerous events and workshops scheduled this term, please refer to the upcoming events section each week to ensure you do not miss any of the important dates or times shared.

Contacting Preschool Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they have family time outside of school too. Staff are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Denise Grant - Assistant Principal and Director of Early Years dgrant@aaess.sch.ae		
Ms Lynda (Preschool A) - Deputy Director of Early Years lmines@aaess.sch.ae	Ms Romay (Preschool B) romaylouwbarretto@aaess.sch.ae	
(Preschool C) mbox@aaess.sch.ae	Ms Anna (Preschool D) abogacz@aaess.sch.ae	Ms Vicky (Preschool E) vsloan@aaess.sch.ae

Important Information:

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Pick up for Preschool is: **1pm or 2.30pm** (Monday - Thursday)
- Pick up for Preschool is: **12pm** on a Friday.

Preschool learning:

Week beginning: Monday 9th September 2024

This week in phonics we will begin Aspect 1, environmental sounds where we will first learn to understand what a sound is and which part of our body we use to listen to those sounds. Next we will learn to distinguish between the different sounds that we hear around us by going on a listening walk discussing which sounds we do and do not like along the way.

This week in literacy we will take our first look at the story The Colour Monster which is the first book in our drawing club series. The aim of drawing club to help us develop our language skills so that we can engage in longer conversations about the stories we are learning and also to help us develop our English vocabulary.

This week in maths we will be recite numbers through a variety of fun activities and songs. We will have plenty of opportunities to practice our counting skills using different objects, marks on paper and also objects that can't be moved such as jumps, hops or skips. We will also be learning to represent the numbers we count to using our fingers.

This week in understanding the world we will begin to make sense of our own life story and family history using the photos that we have taken into school. Once we have shared our thoughts and discussed ideas we will make our own family tree picture and add the photos or draw a picture of the people that are important to us. This will be displayed in the class as part of our community and identity.

This week in expressive art and design we will be learning to take part in pretend play and use different objects to represent our imaginative play. We will have the opportunity to develop this skill in our healthy pizza shop where we can receive phone calls, take orders and take turns to be the chef that prepares our very own pretend pizzas.

Things to remember: In Preschool we very creative and innovative and we would love your help. Please can you send to school any empty containers such as yoghurt pots/tubs, tubes, egg cartons or tins that you no longer need so that we can develop our skills and take care of our environment at the same time.

Preschool PE Days:

PE will be on Tuesdays and Wednesdays. On their PE days, students should wear their PE kit to school.

Upcoming events

September Wellbeing Challenge

Student wellbeing is our priority every day of the year. However, during September, we will be taking some extra time to focus on its importance.

Taking part in our 20 day wellbeing challenge will help the children learn how to manage their own wellbeing and the wellbeing of others now and in the future.



Friday 4th October

To further promote our love of reading, the FS2 children are invited to come to school on Friday 4th October wearing one of the character's colours (For example: blue, green, red, pink, white etc..). Children could also choose to accessorise their coloured outfit with one of the character masks - found in the following [Monster Phonics Character Masks](#) folder. During the day, we will have some fun completing different phonics activities and challenges.

We wonder which colour or character will be the most popular choice?



Values

Respect

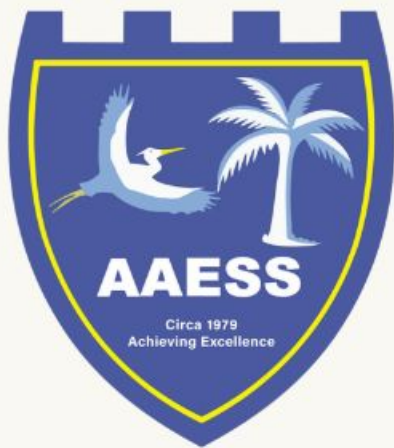


Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

20 Day Wellbeing Challenge



AAESS Wellbeing 20 day Challenge

Sept 9th -29th, 2024

**START READING
A BOOK**

**LISTEN TO
YOUR
FAVOURITE
SONG**

**WRITE DOWN 5
THINGS THAT
MAKE YOU
HAPPY**

**DO SOMETHING
CREATIVE**

GO FOR A WALK

**WATCH YOUR
FAVOURITE
SHOW**

**CLEAN YOUR
BEDROOM**

**COOK
SOMETHING
TASTY**

**MAKE A LIST OF
THINGS THAT
YOU LIKE
ABOUT
YOURSELF**

**GO TO BED 30
MINUTES
EARLIER**

**PLAY A BOARD
GAME WITH
SOMEONE**

**EXERCISE FOR
30 MINUTES**

**DRAW A
PICTURE**

**HAVE A QUIET
30 MINUTES**

**GIVE SOMEONE
A COMPLIMENT**

**NO
TECHNOLOGY
AN HOUR
BEFORE BED**

**MAKE
HOMEMADE
FOOD**

**MEET UP WITH A
FRIEND**

**WRITE DOWN
THINGS YOU
ARE GRATEFUL
FOR**

**TRY AND LEARN
A NEW SKILL**

**PRIZES FOR THE BEST
PORTFOLIO AND
PHOTOS, HANDED IN
ON THE 30TH
SEPTEMBER TO YOUR
CLASS TEACHER / TUTOR**

**TAKE SOME
TIME EACH DAY
TO TAKE CARE
OF YOUR
WELLBEING!**

20 Day Wellbeing Challenge



تحدي الرفاهية لـ 20 يومًا

من AAESS

من 9 إلى 29 سبتمبر 2024

ابدأ بقراءة
كتاب

استمع إلى
أغنيك
المفضلة

اكتب 5 أشياء
تجعلك سعيدًا

قم بشيء
إبداعي

اذهب في
نزهة

شاهد
برنامجك
المفضل

نظف
غرفتك

اطبخ / اطه
شيئًا لذيذًا

اكتب قائمة
بالأشياء التي
تحبها عن
نفسك

اذهب إلى
الفرش قبل
30 دقيقة

العب لعبة
لوحيّة مع
شخص ما

مارس
التمارين
الرياضية لمدة
30 دقيقة

ارسم
رسمة

اقض 30
دقيقة هادئة

قدم مجاملة
لشخص ما

ابتعد عن
التكنولوجيا
قبل ساعة
من النوم

قم بإعداد
طعام
منزلي

قابل
صديقًا

اكتب الأشياء
التي تشعر
بالامتنان لها

حاول تعلم
مهارة جديدة

جوائز لأفضل مجموعة
صور سيتم تسليمها في
30 سبتمبر لمعلم
الصف/المربي.

خصّص بعض
الوقت كل يوم
للعناية بصحتك
النفسية!

This week in pictures:

