



# Al Ain English Speaking School

## Preschool Learning Pathway

Week beginning: 16.9.24

Dear Parents,

As you know, we are currently running our **20 day Wellbeing initiative**, where we are challenging the children and ourselves to take some time each day to take care our wellbeing.

We would love you to send us some photos and/or videos of your children at your family taking part in some of the activities so we can share them!



**Please be reminded** that if your child is **unwell and has a temperature/fever of 38°C and above**, (Department of Health Directive) they should **stay at home** until they are symptom free and without medication for a minimum of 24 hours. Contact your doctor if you have any concerns with fever-like illnesses. Nurses are happy to provide guidance, please email [schoolnurse@aaess.sch.ae](mailto:schoolnurse@aaess.sch.ae).

## Contacting Preschool Teachers:

We are always happy to support in any way we can, so if you have any questions or concerns please send your child's class teacher an email (see addresses below).

When contacting staff please remember they have family time outside of school too. Staff are expected to read emails daily (Monday - Friday) and respond within 24 hours. They may choose to read or respond outside of school hours but please do not expect it. Please also bear in mind that they will be teaching or in meetings during the school day (7.30am - 3.00pm) so will not be able to respond straight away.

Ms Denise Grant - Assistant Principal and Director of Early Years <a href="mailto:dgrant@aaess.sch.ae">dgrant@aaess.sch.ae</a>		
Ms Lynda (Preschool A) - Deputy Director of Early Years <a href="mailto:lmynes@aaess.sch.ae">lmynes@aaess.sch.ae</a>	Ms Romay (Preschool B) <a href="mailto:romaylouwbarretto@aaess.sch.ae">romaylouwbarretto@aaess.sch.ae</a>	
(Preschool C) <a href="mailto:mbox@aaess.sch.ae">mbox@aaess.sch.ae</a>	Ms Anna (Preschool D) <a href="mailto:abogacz@aaess.sch.ae">abogacz@aaess.sch.ae</a>	Ms Vicky (Preschool E) <a href="mailto:vsloan@aaess.sch.ae">vsloan@aaess.sch.ae</a>

# Important Information:

- Gates will open promptly at **7.05am** (Monday - Friday).
- The National Anthem will play at **7.30am** every day.
- Pick up for Preschool is: **1pm or 2.30pm** (Monday - Thursday)
- Pick up for Preschool is: **12pm** on a Friday.

## Preschool learning:

This week in phonics we will engage in discussions with each other about our favourite monsters from Monster Phonics Land, articulating the reasons behind our preferences. To enhance this activity, we will utilise microphones, making it a fun and exciting experience while also developing our confidence in group speaking

This week in math we will further explore the identification and description of objects based on size using terms such as small, big, tall, and short. We will have the opportunity to construct our towers with building blocks, allowing us to compare sizes and categorise the structures accordingly.

This week in Literacy, we will be learning to combine various mark-making tools to create meaningful pieces of artwork. There will be a specific emphasis on the importance of using our marking equipment and utilising these tools appropriately and respectfully within the classroom environment.

This week in expressive art and design we will learn to combine our new skills of playing a simple instrument and moving rhythmically using our whole body when listening to songs. We will also use different materials to help express how we are feeling that day.

This week in understanding the world we will blend our newfound skills in playing simple instruments with bodily movement that aligns with rhythmic patterns while listening to music. Additionally, we will use a variety of materials to express our feelings for that day.

**Things to remember: You should have now received a link to view your child's learning journey on Seesaw. Please take the time to look at the photographs with your child as this is a fun and new exciting experience for you both and will help foster a positive relationship between home and school.**

### Friday 4th October

To further promote our love of reading, the FS2 children are invited to come to school on Friday 4th October wearing one of the character's colours (For example: blue, green, red, pink, white etc..). Children could also choose to accessorise their coloured outfit with one of the character masks - found in the following [Monster Phonics Character Masks](#) folder. During the day, we will have some fun completing different phonics activities and challenges.

*We wonder which colour or character will be the most popular choice?*

# Upcoming events

## September Wellbeing Challenge

Student wellbeing is our priority every day of the year. However, during September, we will be taking some extra time to focus on its importance.

Taking part in our 20 day wellbeing challenge will help the children learn how to manage their own wellbeing and the wellbeing of others now and in the future. Please see the next page for details of the wellbeing challenges you can choose to complete.



## Preschool PE Days:

PE will be on Tuesdays and Wednesdays. On their PE days, students should wear their PE kit to school.

## Values

### Respect

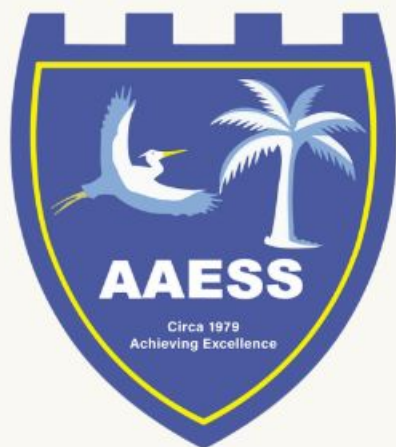


Inspired by the legacy of the founding father, Sheikh Zayed bin Sultan Al Nahyan we will focus on the value of **Respect** this term.

Our expectations are that students will:

- Show respect for the thoughts and opinions of others
- Demonstrate respect for their friends, their families and all school staff
- Celebrate different skills, achievements and interests
- Speak appropriately when communicating with others

# 20 Day Wellbeing Challenge



## AAESS Wellbeing 20 day Challenge Sept 9th -29th, 2024

**START READING  
A BOOK**

**LISTEN TO  
YOUR  
FAVOURITE  
SONG**

**WRITE DOWN 5  
THINGS THAT  
MAKE YOU  
HAPPY**

**DO SOMETHING  
CREATIVE**

**GO FOR A WALK**

**WATCH YOUR  
FAVOURITE  
SHOW**

**CLEAN YOUR  
BEDROOM**

**COOK  
SOMETHING  
TASTY**

**MAKE A LIST OF  
THINGS THAT  
YOU LIKE  
ABOUT  
YOURSELF**

**GO TO BED 30  
MINUTES  
EARLIER**

**PLAY A BOARD  
GAME WITH  
SOMEONE**

**EXERCISE FOR  
30 MINUTES**

**DRAW A  
PICTURE**

**HAVE A QUIET  
30 MINUTES**

**GIVE SOMEONE  
A COMPLIMENT**

**NO  
TECHNOLOGY  
AN HOUR  
BEFORE BED**

**MAKE  
HOMEMADE  
FOOD**

**MEET UP WITH A  
FRIEND**

**WRITE DOWN  
THINGS YOU  
ARE GRATEFUL  
FOR**

**TRY AND LEARN  
A NEW SKILL**

**PRIZES FOR THE BEST  
PORTFOLIO AND  
PHOTOS, HANDED IN  
ON THE 30TH  
SEPTEMBER TO YOUR  
CLASS TEACHER / TUTOR**

**TAKE SOME  
TIME EACH DAY  
TO TAKE CARE  
OF YOUR  
WELLBEING!**

# 20 Day Wellbeing Challenge



تحدي الرفاهية لـ 20 يومًا

من AAESS

من 9 إلى 29 سبتمبر 2024

ابدأ بقراءة  
كتاب

استمع إلى  
أغنيك  
المفضلة

اكتب 5 أشياء  
تجعلك سعيدًا

قم بشيء  
إبداعي

اذهب في  
نزهة

شاهد  
برنامجك  
المفضل

نظف  
غرفتك

اطبخ / اطه  
شيئًا لذيذًا

اكتب قائمة  
بالأشياء التي  
تحبها عن  
نفسك

اذهب إلى  
الفرش قبل  
30 دقيقة

العب لعبة  
لوحيّة مع  
شخص ما

مارس  
التمارين  
الرياضية لمدة  
30 دقيقة

ارسم  
رسمة

اقض 30  
دقيقة هادئة

قدم مجاملة  
لشخص ما

ابتعد عن  
التكنولوجيا  
قبل ساعة  
من النوم

قم بإعداد  
طعام  
منزلي

قابل  
صديقًا

اكتب الأشياء  
التي تشعر  
بالامتنان لها

حاول تعلم  
مهارة جديدة

جوائز لأفضل مجموعة  
صور سيتم تسليمها في  
30 سبتمبر لمعلم  
الصف/المربي.

خصّص بعض  
الوقت كل يوم  
للعناية بصحتك  
النفسية!

# This week in pictures:

