

OCTOBER EDITION

# AAESS STUDENT EXPRESS



عام  
زاييد



YEAR OF  
**ZAYED**



ZAYED INSPO



ACHIEVEMENTS



DEBATES

**1**

MEET NEW  
STAFF,  
STUDENTS,  
AND  
PREFECTS!

**2**

SEE WHATS  
BEEN  
HAPPENING  
WITH  
SPORTS!

**3**

KEEP  
UPDATED  
WITH THE  
PRIMARY  
NEWS.



TIPS n TRICKS



YEAR OF  
**ZAYED**

“EDUCATION IS LIKE A LANTERN  
WHICH LIGHTS YOUR WAY IN A DARK  
ALLEY”

“التعليم هو بمثابة الفانوس الذي يضيء  
طريقك في الظلام”



**ZAYED**

**THE INSPIRER**

# DATES FOR YOUR DIARY OCTOBER

THURSDAY 4th OCTOBER – GIRLS NIGHT IN  
(5PM-9PM)



SUNDAY 6th OCTOBER – SIXTH FORM  
ASSEMBLY



MONDAY 8TH OCTOBER – YEAR 7 ASSEMBLY  
(7.40AM)



TUESDAY 9th OCTOBER – YEAR 8 and 9  
ASSEMBLY (7.40AM)



WEDNESDAY 10th OCTOBER – YEAR 10 and 11  
ASSEMBLY



MONDAY 15th OCTOBER – YEAR 7 PARENTS  
EVENING (5PM – 7:30PM)



MONDAY 22nd OCTOBER – YEAR 11 PARENTS  
EVENING (5PM – 7:30PM)



WEDNESDAY 24th – HALF TERM START



# STUDENT OF THE MONTH

## SEPTEMBER 2018



### YEAR 7

**LAYAN KHATTAK**

Layan has had excellent attendance and an outstanding attitude to learning.



### YEAR 11

**MUHAMMAD YAHYA KHATTAK**

Muhammad started the year off fantastically by making exemplary efforts.



### YEAR 8

**OMAR EID**

For showing exceptional effort in different subjects and completing all work to the best of his ability.



### YEAR 12

**YE EUN AHN**

For her friendly attitude towards all students and efforts in interacting with other students.



### YEAR 9

**MYLES DOMINO CHRUCH**

Myles always shows the upmost respect to all his peers and staff members.



### YEAR 13

**ALY GEHAD**

Aly is a true gentleman that respects his school and his peers; a role model.



### YEAR 10

**ANGELINA SYMON**

She has had an awesome start to the year and has achieved a 100% in her first chemistry test.



### PREFECT OF THE MONTH

**ASSIR SATTI**

Assir has made huge contributions to the development of the houses as well as the sixth form.

# MEET SOME OF OUR NEW STUDENTS AND STAFF!

***If you think you know everything, you must be misinformed.***

***Keep learning! - Ms Smit***

## MS SMIT – NEW STAFF

Ms Smit is from South Africa, and one of the new biology teachers in the school this year. She moved to the UAE a few years ago to ensure the safety of her children, as well as securing a bright future for them.

### HOW ARE YOU FINDING AAESS?

I find it is a positive environment where students and staff support each other to achieve the common goal of growth in all aspects of development.

### IS AAESS ANY DIFFERENT TO YOUR PREVIOUS SCHOOLS?

It is strangely very similar to my school in South Africa, where I taught for 8 years. It is both multicultural and diverse, with lots of opportunities and activities for everyone. However, it is quite different to the schools I have taught in the UAE.

### WHAT GOALS DO YOU HAVE FOR THE FUTURE?

I hope not only to teach students about the study of life, but also that the world needs more than brains. We need caring, kind hearted people that will treat everyone with the respect they deserve.

## ADIL - NEW STUDENT

We interviewed a year 7 student who is making the exciting transition into Secondary School, to give us his thoughts so far on how his journey has been. Adil is a young student from class 7D and is a future Fortnite pro.

### HOW IS YEAR 7 SO FAR?

I have been able to meet new people and new teachers. The toughest thing I'd say – having to carry my heavy bag everywhere I go!!

### WHAT IS YOUR FAVOURITE SUBJECT?

It would have to be social studies because I get to learn about the UAE's culture and its traditions.

### TELL US MORE ABOUT WHAT YOU LIKE TO DO OUTSIDE OF SCHOOL

I like to play Fortnite, go outside and try to learn skateboarding tricks and go to the pool at the Hilton with my little brother.

# PREFECT ACHIEVEMENTS



## HEAD PREFECT INCHARGE OF THE LIBRARY

**SAMEER SHAIKH**

Sameer has been awarded the Prefect in charge of the Library position. Sameer cannot wait to start making a meaningful contribution to the library and our students.

# NEW PREFECTS



FARES



PASSANT



GHAYTH



ASHLEY



DANIEL

These students have been selected to support the prefect family, ensuring there is enough available help for the whole school. They have shown that they are reliable and committed, enthused in every activity they do and eager to help. Look out for them around the school and if you have any issues, please chat to these helpful faces!



# EMIRATI INTERVIEW

عام  
زاید



YEAR OF  
**ZAYED**

*KHALAF SGHAYER AL QUBAISI, Emirati  
businessman and professional.*

The inspiration of Sheikh Zayed can't be measured in anyway possible. We take every step forward thinking of him. He gave us houses, food, safety and our thanks will never be enough. I was fortunate enough to live in his era but my parents are even more fortunate to see the change in this land and in his people. We are the children of Zayed. Anything we do or anything we say is reflected onto the great Zayed.

Being Emirati means a lot of things: 1) raised by a family that taught me to respect everyone, despite their age, gender or race. 2) having the guidance of the Great Sheikh Zayed .

*"Sheikh Zayed is the father of the nation; if it wasn't for him we wouldn't have reached where we are now, today." -  
Salama Al Qubaisi*

My family means the world to me. My mother and father are blessings from God, they make us proud of who we are and where we come from, encouraging us to do what we love.

# DEBATES

**DEBATE (noun):** A formal discussion on a particular matter in a public meeting or legislative assembly, in which opposing arguments are put forward and which usually ends with a vote.

Debates hold a very important place in society, being one of the main methods of decision making for as long as civilisation has stood. Not only are debates vital

in coming to important global compromises and decisions, they are also instrumental in the education of young students.

These debates can, not only help students express their own opinions but also helps them interact,

listen, and respect the views of others from a young age.

Organised debates between students can encourage a healthy learning environment and introduce them to different perspectives and ways of thinking.

Personal experiences of debates in and out of classroom have helped tremendously in developing my mindset and have undoubtedly broadened

my perspective. It taught me that it is not only important to be heard but to listen to the people around me. The experiences of my colleagues have helped shape my personal opinions and created a far more interesting and effective learning experience. With

debates, students can feel more inclined to share their opinions and participate which, in turn, creates a safe space for students to share their opinions without fear of being judged.

Debates can also create leaders as they promote the qualities necessary for this role, such as empathy, intelligence, poise and vision. There are many benefits to debating, students gain skills such as quick thinking, confident speaking, teamwork, effective speech composition and delivery, and learning how to develop a sound argument.



# PRIMARY SCHOOL NEWS

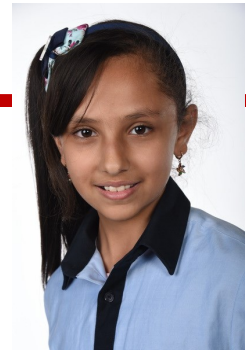
## THE NEW HEAD BOY

Abdulla Suhail has recently been given the position of Head Boy of Primary. He has been described by his peers as confident and popular. He is excited to face school issues, focussing on lengthening the lunch times, he'd also like to introduce a suggestion box for students.



## THE NEW HEAD GIRL

Hala Faqueer is the new Head Girl and will be working alongside Abdulla. She was shocked and happy when she was given the position and many teachers describe her as a strong character. She is enthusiastic to improve the school and to have an important voice in school affairs.



## THE NEW MP'S

Sultan and Alexander have been elected by their classes to represent them while discussing important issues within the school. Both boys are aiming to implement an idea box so students can help make the school better as a collective. They would also like to promote environmental awareness so that we can all make up for our mistakes with the environment.

## BREAKING NEWS!!

There is a **MISSING TROPHY** in the primary section! House points will be awarded to anyone with information.

Teachers are currently detecting the fingerprints left at the scene.....

**Honesty is ALWAYS the best policy!**

# **SPORTS**

**Finally! Sports ECA's have kicked off and in complete action. I encourage EVERYONE to take part in sports as it not only increases your health and fitness but it also allows you to make new friends and have new experiences with different schools as a representative of AAESS.**

**Last week, our school participated in a couple of friendly basket ball games against Manor Hall.**

**Year 9/10 Boys: The boys played with tremendous passion but sadly just fell short in their game.**

**Year 11/12/13(senior team): they had their first basketball game as a team. It was a great match to watch; the boys played with immense chemistry and played as a whole unit. Although they played with huge hearts, they unfortunately lost.**

**Look out next month as AAESS takes on teams like Brighton College and ALDAR Academy in even more basketball tournaments!**

**Wednesday 3rd October (AT HOME)**

**Wednesday 10th October (AT ALDAR)**

**Wish the boys luck!**

# WAYS TO IMPROVE SLEEP

# Tips

**1** Stick to a schedule.

**2** If you are not feeling sleepy, get out of bed and do something to tire you out e.g. meditate or read a book.



**3** Work out before bed; it can make you feel more relaxed .

**4**

Avoid napping during the day if its possible.



**5**

Get comfy! Put some comfy pj's on and get some nice pillows. BONUS: a weighted blanket can make you feel more comfortable while you sleep.

**6**

Use your bed for sleep! E.g. don't study and eat on your bed.

**7**

Try not to eat sugary foods before bed.



Experiment with light e.g. do you prefer dim or no lighting?



**9**

Try some aromatherapy e.g. lavender or chamomile essential oils.

**10**

Don't use electronics before bed.

## FUN FACTS

1 – Both female and male flamingos produce milk.

2 – A group of crows are called a murder.

3 – Jellyfish don't have brains.

4 – Bananas are considered to be berries while raspberries aren't!!

# TRIVIA

I am the beginning of the end,  
and the end of  
time and space.  
I am essential to creation,  
and  
**C** I surround every place.  
What am I?

When you need me,  
you throw me away.  
But when you're done with me,  
you bring me back.

What am I? **D**

During what month  
do people  
sleep the least?

**B**

**A** What always runs,  
but never walks,  
often murmurs, never talks,  
has a bed,  
but never sleeps,  
has a mouth, but never eats?

# CREDITS

## Dates

Abbie Sommerville

## Achievements

Selma Babic

## Interviews

Anes Oucheli

## Emirati Interviews

Salama Al Qubaisi

## Debates

Aayah Adem

## Sports

Assir Satti and Omar Ben Selama

## Tips

Jasminelitsa Hadjigeorgiou

## Trivia

Mitchelle Kwangwari

## Primary

Ashannay Davis

## Editing

Blythe Chapman



AL AIN ENGLISH SPEAKING SCHOOL